

A physics professor at Adelaide University in Australia, Sir Kerr Grant, used to illustrate the time of descent of a free-falling body by allowing a heavy ball suspended from the lecture-theater roof trusses to fall some 30 feet and be caught in a sand bucket. Each year the bucket was lined up meticulously to catch the ball -- and each year students secretly moved the bucket to one side, so that the ball crashed thunderously to the floor. Tiring of this rather stale joke, the professor traced a chalk line around the bucket. The students moved the bucket as usual, traced a chalk mark around the new position, rubbed it out and replaced the bucket in its original spot. "Aha!" the professor exclaimed, seeing the faint outline of the erased chalk mark. He moved the bucket over it and released the ball -- which thundered to the floor as usual. This is a good example of how the way that seems right to man isn't necessarily the right way. With wolves in sheep's clothing sometimes the way that seems right is actually spiritually disastrous. Doubtless this is why the Bible warns twice, "There is a way which seemeth right unto a man, but the end thereof are the ways of death." Proverbs 14:12 and 16:25

Beef-like (or Chicken-like) Lunch "Meat" (Beef-like slices pictured)

For Beef- ¾ cup walnuts 1 T. beef-like seasoning*
For Chicken -3/4 cup raw cashews 1 T. chicken-like seasoning*

Add chosen nuts and seasonings in blender to:

1 tsp onion powder ½ tsp garlic powder 1 tsp salt ¼ cup nutritional yeast** 2 cups water

Blend well and add all at once to:

2 cups organic gluten flour (more if needed) 2 Tbsp organic whole wheat flour

Mix in a bowl guickly. Knead. Roll in parchment paper and then aluminum foil.

Bake at 325°F for 1½ hours. Allow to cool and then slice as desired.

*Homemade seasoning recipes here https://www.swiftrunnerministries.com/recipes--seasonings-notmeats-scratch.php
**Nutritional yeast may be replaced with 1/8 cup pumpkin seeds and an extra tsp onion powder



QUOTABLE QUOTES

"The Lord has pronounced a curse upon those who take from or add to the Scriptures...

The church that holds to the word of God is irreconcilably separated from Rome.

Protestants were once thus apart from this great church of apostasy, but they have approached more nearly to her, and are still in the path of reconciliation to the Church of Rome.

Rome never changes. Her principles have not altered in the least. She has not lessened the breach between herself and Protestants; they have done all the advancing. But what does this argue for the Protestantism of this day? It is the rejection of Bible truth which makes men approach to infidelity.

It is a backsliding church that lessens the distance between itself and the Papacy."

{Signs of the Times, February 19, 1894, par. 4}

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Deceptions in Sheep's Clothing

Editor's Note, Study to Show Thyself Approved and Prophetic News Notes

The story is told of a regional manager at a retail chain who forgot his laptop on a store counter. When he returned, it was gone; so he reported it stolen. That night, he got a phone call from a person saying he was a police officer and they had caught a man with his laptop. The officer said the manager's business card was taped to the laptop, and if he knew the laptop's password, the officer would know it was his. The manager gave him the password. The officer said thank you and hung up.

When the manager called the police back to ask when he could get his laptop, they replied, "What laptop and what officer?" Evidently, the manager had just given the thief his password.

No wonder Jesus' first warning for the end of time was, "Take heed that no man deceive you." Matthew 24:4

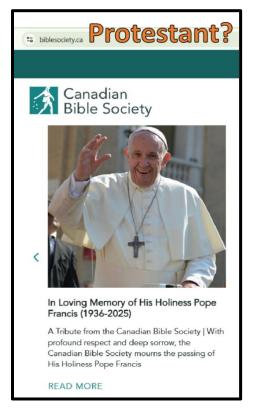
Jesus goes on to warn of false Christs and false prophets. "Then if any man shall say unto you, Lo, here is Christ, or there;
believe it not. For there shall arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if it
were possible, they shall deceive the very elect. Behold, I have told you before. Wherefore if they shall say unto you, Behold, he
is in the desert; go not forth: behold, he is in the secret chambers; believe it not." Matthew 24:23-26

Jesus said this is a deception for the elect. This suggests a clever disguise on the part of the false Christs and false prophets. Jesus had already warned in Matthew 7:15 "Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves." Paul warned, "For such are false apostles, deceitful workers, transforming themselves into the apostles of Christ. And no marvel; for Satan himself is transformed into an angel of light. Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness; whose end shall be according to their works." 2 Corinthians 11:13--15 Since an angel is a heavenly messenger, and an apostle and minister are basically teachers, this means we can expect false messengers and false teachers. And since Christ is the Truth (John 14:6), anything that is not truth could be considered an anti-Christ.

Today, with the rise of the internet, satire sites, and AI, it is getting harder and harder to discern truth from error even for those of us who have English as our first language, lots of books to compare with, and experience researching. For example, years ago, we received an e-mail saying that an archaeologist had found the Red Sea crossing. We went and checked to see if the place could be correct according to the Bible and other historical records. After spending probably over an hour researching, we forwarded what we thought was a news story on to a few friends only to find out later that it had been published, not by a real

news site, but by a satire site. If anybody out there doesn't know, satire sites, like Babylon Bee, make up stories to be funny. While the Babylon Bee makes it fairly clear that it is a satire site, many satire sites don't. Some it is almost impossible to tell they are satire sites. Frankly, I don't think the fruit of satire sites can be good since Proverbs 26:18,19 says, "As a mad man who casteth firebrands, arrows, and death, So is the man that deceiveth his neighbour, and saith, Am not I in sport?"

Since Christ is the Word, we need to be awake to the fact that a counterfeit Christ might also come in the form of a counterfeit Bible--as a false angel/messenger of light. These, of course, would have to be a mixture of truth and error. During the Protestant reformation there were two lines of Bibles, the Latin Vulgate/Douay Rheims Catholic Bible and the King James Version and the Bibles it was built upon, like the Tyndale Bible as well as Pure-line Bibles in other languages. Sadly, the Bible Societies that were once Protestant are not protesting any more. (Consider the Quotable Quotes on pg. 1). Rome has planted its standard there as evidenced by this picture from the Canadian Bible Society. It blasphemously calls Pope Francis "His Holiness." Today, the Catholic and Protestant Bibles are being mixed in various ways, essentially creating genetically modified "Bibles." One way they are mixed is interpretation; it is Rome who claimed that she must interpret the Bible for the people. Along these lines many versions begin their deception right on the cover. For example, since we are talking about false messengers, the "Message Bible" is not a Bible, but a paraphrase. A paraphrase means that somebody wrote what he thought God was saying. A much more subtle form of thought-for-thought "translation" is called dynamic equivalency such as is used in the NIV and many other modern Bibles. To call man's interpretation



of the Bible a Bible is actually a lie because God said, "For my thoughts are not your thoughts, neither are your ways my ways,

saith the LORD." Isaiah 55:8 In my transcription job, if I were to type what I think somebody should have said instead of what they actually said, I would lose my job. Thus the only accurate way to translate the Bible is word-for-word. This is seen where Jesus told Satan (who had come as an angel of light), "It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." Matthew 4:4

But some Bibles that profess to be word-for-word translations (called formal equivalency) are lying in other ways. They are translated from corrupted Greek, Hebrew, or Latin Manuscripts that are not the same as the manuscripts the King James Version is based on. Paul wrote, "For we are not as many, which corrupt the word of God..." 2 Cor. 2:17 And indeed, there are many who have tried to corrupt the word. I can't help but notice that two of the corrupt manuscripts behind many modern Bible versions were found in the desert and the secret chambers just as predicted in Matthew 24:26. The Siniaticus was found in the trash can of a monastery in the desert and after its mysterious appearance, until the photographic/digital age, the Vaticanus was stored away, inaccessible to most, in the vaults of the Vatican. The origin of both these manuscripts is suspect. Historically, Rome has been notorious for creating false documents to try to prove her authority. For example, "About the close of the eighth century, papists put forth the claim that in the first ages of the church the bishops of Rome had possessed the same spiritual power which they now assumed. To establish this claim, some means must be employed to give it a show of authority; and this was readily suggested by the father of lies. Ancient writings were forged by monks. Decrees of councils before unheard of were discovered, establishing the universal supremacy of the pope from the earliest times. And a church that had rejected the truth greedily accepted these deceptions." It seems this sort of deception is being repeated in the modern era. According to the Trinitarian Bible Society (which appears to be the only Protestant Bible Society left), even the so-called "New King James Version" is not really using the same foundational manuscripts as the King James Bible although in some places the NKJV claims to be.² If this can be substantiated as fact, (by for example showing in some places, such as Hebrews 3:16 or 1 Kings 20:38 that it actually states something the opposite or completely different from the KJV) it is a lie to even call it the New King James. It is more like the women in Isaiah 4:1 saying, "We will eat our own bread, and wear our own apparel: only let us be called by thy name, to take away our reproach."

Sadly, many today are falling for spurious Bibles despite the counsel of Proverbs 24:21 to "meddle not with them that are given to change:" Little changes can make big differences, and we know from the temptations of Christ, Satan doesn't mind quoting scripture if it serves his purposes. The devil just conveniently leaves out key phrases, etc. (Compare Psalm 91:11,12 with Matthew 4:6) Consider what Fenton Hort, a man behind one corrupt Greek text, wrote about the purpose of these changes. He states, "I do not think the significance of their [the change's] existence is generally understood. It is quite impossible to judge the value of what appears to be trifling alterations merely by reading them one after another. Taken together they often have important bearing which few would think of at first." My understanding of that statement is, the idea is for small textual changes to make big theological differences. Indeed, "All should become familiar with God's Word; because Satan perverts and misquotes Scripture, and men follow his example by presenting part of God's Word to those whom they wish to lead in false paths, withholding the part that would spoil their plans." You can find more on the Bible version topic in our book Sword Unsheathed, since, right now, we must move on to exposing another deception.

False teachers certainly include false prophets. Remember when King Saul went to the witch of Endor and asked to speak to the prophet Samuel? We will talk about in a minute how a man who started as a good king got to the point that he was practicing necromancy or speaking to the dead (actually demons), which is prohibited by God (Deut.18:9-12). But ever since I read this story, I have thought, this will be repeated, a prophet will be "resurrected," but it won't really be the prophet. While many of us are



looking for a human false prophet, AI may also fit the description, in part. For example, recently, I googled a certain phrase and ran across the fact that a lady by the name of Ellen White, who many people believe to have been a prophet, is now via AI (Artificial Intelligence or computer) on a YouTube channel professing to be "Writings of Ellen G. White." Whether you believe Ellen White was a prophet or not, it is disturbing to find that while claiming to be to be based on four of her books, AI is making her say things that she didn't say. However, the errors are intermixed with things that sound like things she might have said. Besides an AI-generated voice the only real clue for those who haven't read her writings is a small note that has to be opened for you to even see it. It

says, "How this content was made--Altered or synthetic content. Sound or visuals were significantly edited or digitally generated."

How this content was made

Altered or synthetic content

Sound or visuals were significantly edited or digitally generated.

Certainly, Al-generated material is bringing in new forms of deception!

There is no way we or anyone else can expose all the counterfeits out there. But one of the best ways to avoid counterfeits is to pray for discernment, and be familiar with the true. Jesus said, "My sheep hear my voice, and I know them, and they follow me." He explains the concept of a shepherd like this, "And when he [the shepherd] putteth forth his own sheep, he goeth before them,

and the sheep follow him: for <u>they know his voice</u>. And a stranger will they not follow, but will flee from him: for <u>they know not the voice of strangers</u>." John 10:4,5 If we know the voice of the shepherd, we will flee from the voice of strangers.

Saul should have known the voice of God, but he had rejected it. Years ago, in a presentation called *Whirlwind into Witchcraft*, I covered a lot of points about what caused Saul's downfall You can watch it for a more in-depth look at the story, but right now we are going to look at only one point. Saul stubbornly rebelled against God's warnings, and ultimately he rejected the word of God. In 1 Samuel 15:22,23 "Samuel said, Hath the LORD as great delight in burnt offerings and sacrifices, as in obeying the voice of the LORD? Behold, to obey is better than sacrifice, and to hearken than the fat of rams. For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry. Because



thou hast rejected the word of the LORD, he hath also rejected thee from being king." Instead of obeying God and doing exactly what He said, Saul, choosing the way that seemed right to him, rebelled and rejected the truth. Rejection of portions of truth set Saul up for ultimate spiritual disaster.

Although I pray regularly that God will not allow me to be deceived, I know He expects me to do my part by heeding the warnings He has sent in His "very faithful...very pure" word. (Psalm 119:138,140) If we want to be protected, we must be living up to all the light we have, AND all the light we have had opportunity to know. "For unto whomsoever much is given, of him shall be much required:" Luke 12:48 Read the purest Bible you can find (in English, that's the KJV), and heed the warnings God has sent His people. In this way, you will learn to recognize the Shepherd's voice, and also to flee from strangers.

And remember to "Prove [test] all things; hold fast that which is good." 1 Thessalonians 5:21

0- Screenshot-- https://biblesociety.ca/ (Accessed August 25,2025)
1 - The Great Controversy, pg. 56
2-- https://www.tbsbibles.org/page/TheNewKingJamesVersion?&hhsearchterms=%22nkjv%22
3-- The Life and Letters of Fenton John Anthony Hort, Vol. 2, pg. 102 quoted in The Men Motives,&Malicious Mutilations behind the Modern Bible versions, pg. 29

4- {Signs of the Times, April 4, 1900 par. 14} 5--- https://www.amazon.com/Sword-Unsheathed-Dallas-P-Roberts/dp/0998769517
6- Whirlwind into Witchcraft https://www.youtube.com/watch?v=k3xibGTFFlk



Lone Star Tick Wreaks Havoc on Meat Eaters and More

Being bitten by certain ticks that cause alpha-gal may be life-changing for many people. It is said that "Alpha-gal is now the number one trigger of anaphylatic shock in adults, and the number one cause of adult onset food allergy in high prevalence areas." In fact, "Up to 450,000 Americans are now estimated to have alpha-gal syndrome." 1

So what is alpha-gal? The CDC states that, "Alpha-gal syndrome (AGS) is an emerging, tick bite—associated allergic condition characterized by potentially life-threatening hypersensitivity to an oligosaccharide found in most mammalian meat and products derived from it."²
Alphagalinformation.com rephrases this, stating, "Alpha-gal syndrome (AGS), or mammalian meat allergy, is a tick-induced allergy to galactose-α-1,3-galactose. This sugar, commonly known as alpha-gal, is found in all mammals except for humans and some primates."¹

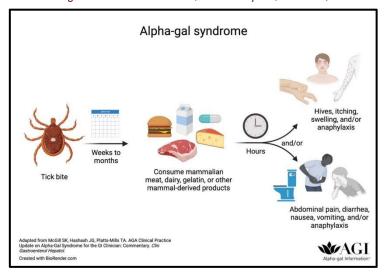
So here's how it works. "[Alpha-gal] is...found in the saliva (spit) of some ticks. When a tick bites, it can transfer alpha-gal from its saliva into a person's blood. The body's natural defenses, or immune system, can identify alpha-gal as a threat and trigger an allergic reaction. Symptoms occur after people eat red meat or are exposed to other products made from mammals. Because of this, AGS is also known as red meat allergy or tick bite meat allergy." 3

Though the cause is little, the resulting allergic reaction isn't. In fact, it can sometimes result in "fatal anaphylaxis due to alpha-gal syndrome." "Most people with alpha-gal syndrome in the U.S. get the

condition from lone star tick bites." But "other types of ticks can cause the condition too, mainly in parts of Europe, Australia, Asia, South Africa, and South and Central America."

An alpha-gal allergic reaction often starts about 2 to 6 hours after people eat something with the alpha-gal molecule.

"Symptoms may be mild or lead to serious illness, and include: Hives and itching: Swelling of the lips, face, throat or eyelids: Wheezing or shortness of breath; Stomach pain, diarrhea, nausea or vomiting...Alpha-gal syndrome can cause a serious allergic



reaction called anaphylaxis. Anaphylaxis symptoms can include: Tight, narrow airways; Swelling of the throat that makes it hard to breathe; Fast pulse; Feeling dizzy or lightheaded, or passing out.."5

Alpha-gal syndrome causes people who were previously meat eaters to become allergic to meat from most mammals as well as some dairy products and medicines. According to Sagealphagal.com, after the tick bite "People develop an allergy to mammalian meats, like beef, pork, bison, and lamb. Alpha gals can also be allergic to mammalian dairy products made from cow's milk, sheep's milk, and goat's milk and byproducts made from mammals, like tallow, gelatin, collagen, and glycerin." But if suddenly becoming life-threateningly allergic to meat and dairy product wasn't difficult enough to navigate for many people, Alphagalinformation.org states that

"Medications and medical care are mine fields for people with alpha-gal" since "more than 20,000 drugs, vaccines, and medical products contain mammalian by-products." 1 In fact, one of the people that died was receiving monoclonal antibodies. The CDC states, "Ingredients that may contain alpha-gal include, but are not limited to: Gelatin, Glycerin, Magnesium stearate, Bovine extract. Lists of additives to specific vaccines (called vaccine excipients) are available through CDC's Pink Book [PDF – 4 pages] and the Institute for Vaccine Safety. Animal-derived medical products, such as heart valves from pigs or cows, monoclonal antibodies, heparin, and certain antivenoms may contain alpha-gal."7

This state of affairs in the food world reminds me of a quote penned by a health reformer over 100 years ago. Today, it is proving true yet again. "There is no safety in the eating of the flesh of dead animals, and in a short time the milk of the cows will also be excluded from the diet of God's commandment-keeping people. In a short time it will not be safe to use anything that comes from the animal creation"8 I believe the time has come. Why not change your diet today, before it's too late?

1- https://alphagalinformation.org/ 2-- https://www.cdc.gov/mmwr/volumes/72/wr/mm7230a2.htm

3- https://www.cdc.gov/alpha-gal-syndrome/about/index.html#:~:text=When%20a%20tick%20bites%2C%20it,other%20products%20made%20from%20mammals. 4-- https://www.sciencedirect.com/science/article/abs/pii/S1344622321000420

5--https://www.mayoclinic.org/diseases-conditions/alpha-gal-syndrome/symptoms-causes/syc-20428608#:~text=Healthcare%20professionals%20think%20that%20some_clothing%20or%20buy%20pretreated%20clothing 6-- https://sagealphagal.com/alpha-gal-friendly-snacks/ 7-- https://www.cdc.gov/alpha-gal-syndrome/data-research/products-containing-alphagal/index.html#:~:text=At%20a%20glance,%2Dgal%20syndrome%20(AGS). 8-- Counsels on Diet and Foods, pg. 411



"Mind Your Own Business!"

A certain evangelist tells the following story.

"One night in Chicago, many years ago, when I was on my way home, I saw a man leaning against a lamppost. Stepping up to him, and placing my hand on his shoulder, I said—

'Are you a Christian?'

The man flew into a rage, doubled up his fist, and I thought he was going to pitch me into the gutter. I said, 'I'm very sorry if I've offended you, but I thought I was asking a proper guestion.' 'Mind your own business,' he roared.

'That is my business,' I answered.

About three months later, on a bitter cold morning, about daybreak, some one knocked at my door. 'Who's there?' I asked.

> A stranger answered, and I said, 'What do you want?' 'I want to become a Christian,' was the reply.

I opened the door, and, to my astonishment, there was the man who had cursed me for talking to him as he leaned against the lamp-post.

He said, 'I'm very sorry. I haven't had any peace since that night. Your words have haunted and troubled me. I couldn't sleep last night, and I thought I'd come and get you to pray for me. That man accepted Christ, and the moment he had done so asked—'What can I do for Him?'
He taught in the Sabbath School until the Civil War broke out, when he...was one of the first to be shot down,
but not before he had given a ringing testimony for God."

Don't be intimidated by wolf-like behavior, the gospel of Jesus Christ has miraculously converted more than one "wolf" over to the meekness and gentleness of Christ. Isaiah 11:6 promises, "The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them."

Kids' Corner

God's Amazing Creatures



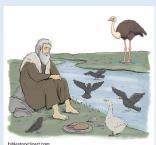
Hippos are large, water-loving plant-eaters native to Africa. They are known for their bulky bodies, thick skin, and the powerful jaws in their mouths. They are the third largest land animal after elephants and rhinos. Since hippos eat plants, I never guessed a hippo was very dangerous until I heard the story of Mary Slessor, a missionary to West Africa. Apparently, hippos don't like to share their water territory with other things, including boats. But God protected Mary Slessor when she encountered a hippo. It is said that "Once she was traveling to a new village with a group of her baby twins. Thirty-three men paddled the huge canoe when a hippopotamus attacked. Dozens of men dove overboard to escape. Mary would not leave her babies.

She grabbed up a tin dishpan from the supplies and pounded the beast on the nose as it tried to bite the canoe in half. The startled hippo knew when it had bit off more than it could chew; it swam away." Since hippos kill more than 500 people every year, I think an angel protected Mary Slessor. Truly, as Psalm 34:7 says, "The angel of the LORD encampeth round about them that fear him, and delivereth them."

The Bible says, "Little children, let no man deceive you..." 1 John 3:7
Some of the pictures below have things added. Which pictures have something that doesn't match the story in the Bible?











Profitable Traditions - Be a Friend to God



Since we've been married, Dallas and I have played the SHMILY game on and off. SHMILY is just an acronym for the words **S**ee **How Much I Love You**. We just leave the little message written in different places for the other one to find. One day, when I went out to hang up the laundry I found a SHMILY hanging on the clothesline. One marked piece of paper may be traded off and hidden for each other dozens of times and brings many smiles. One day, I was thinking about the SHMILYs God gives me each day, flowers that bloom, birds that sing, etc. I wondered how, besides obeying, I could give God a SHMILY. The thought that came to mind was to sing and

praise God even when I felt like crying. I'm not very good at it yet, but maybe you can try it too. The Bible says 4 times, "Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!" Psalm 107: 8, 15, 21,31