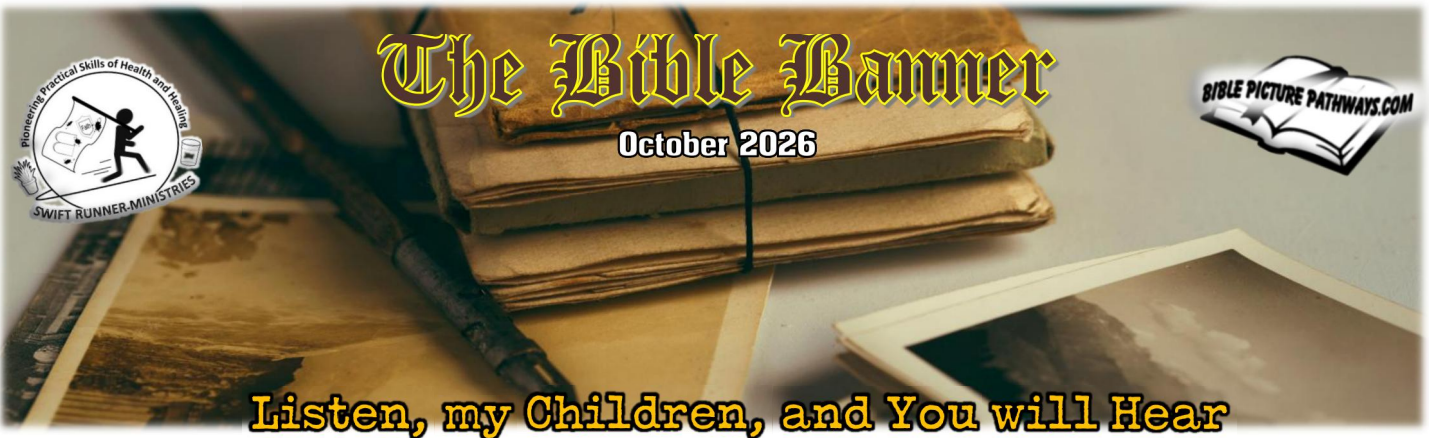




Minutemen Statue

"Listen, my children, and you shall hear of the midnight ride of Paul Revere..." The words of Longfellow's poem are familiar to many students of American history. They remind us of the man, *"Ready to ride and spread the alarm...For the country folk to be up and to arm."* Through the night of April 18, 1775, Paul Revere rode, giving a door-to-door alert to minutemen in Massachusetts Bay, warning them of the approach of the enemy British Army troops. At the time of the American Revolutionary War and the battles of Lexington and Concord, minutemen were members of the colonial New England militia. They were trained in weaponry, tactics, and military strategies and were known for being ready at a minute's notice, hence the name. Today, God's servants also are to stand as minutemen, ready for service at a moments notice. *"But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear."* 1 Peter 3:15

Lemon Cooler Cookies

- | | |
|--|-------------------------------------|
| 4 Tbsp organic sugar | 1 cup finely chopped pecans |
| 1 cup vegan butter* (replacement option below) | |
| 1 cup whole wheat flour | 1 cup soft white wheat or oat flour |
| ½ tsp salt | 1 tsp lemon flavoring |
| Organic powdered sugar for dusting the cookies | |

Mix thoroughly. Form into balls. Bake at 300°F (150°C) until golden brown. When cool enough to touch, but not completely cooled, roll the balls in powdered sugar until lightly coated.

* Vegan butter replacement--1/2 c. coconut oil, ¼ c. olive oil, and ¼ c flax gel made from 2 Tbsp ground flaxseed in 1/4 cup water)



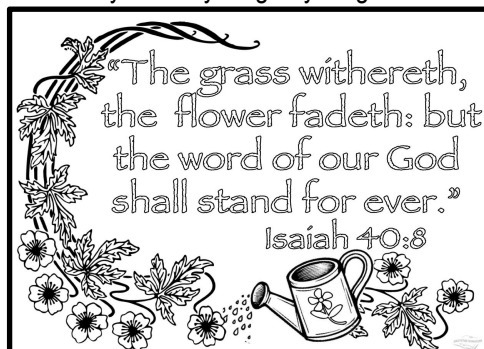
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QUOTABLE QUOTES

"Love is the root; obedience is the fruit."
Matthew Henry

Profitable Traditions--Reduce Stress while Learning Scripture

A fun way for the young or young at heart to memorize scripture is by coloring Bible verses.



"Coloring has been shown to have stress-reducing benefits by calming the amygdala, the part of your brain related to the fear/stress response, while stimulating the parts of your brain that are responsible for creativity and logic."

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He that Hath Ears, Let Him Hear

Editor's Note and Study to Show Thyself Approved

"Everything seems so loud now!" I commented after my at-home ear "operation" (utilizing a video otoscope) had removed years of impacted earwax. It was amazing, I now could hear paper rustling, and a whisper sounded like regular speech. When I went for a walk, the birds were much easier to hear. And at worship time, I could hear people singing that I hadn't been able to hear before.

This repaired hearing experience reminded me of one of Jesus' most repeated phrases, *"If any man have an ear, let him hear."* **Revelation 13:9** This phrase is repeated seven times in Revelation 2,3. *"He that hath an ear, let him hear what the Spirit saith unto the churches."* **Revelation 3:22** We also find it after the parable of the sower and multiple other times in the gospels: *"And he [Jesus] said unto them, He that hath ears to hear, let him hear."* **Mark 4:9** If you count them up, you will find that variations of this phrase are found in the Bible at least 16 times. A good student knows, if the teacher repeats something 16 times, it must be VERY important! And the student should definitely take time to understand the concept. It's not enough to just *have* an ear, you need to be listening!

The story is told of a Native American and his friend who were in downtown New York City, walking near Times Square in Manhattan. It was during the noon lunch hour, and the streets were filled with people. Cars were honking their horns, taxicabs were squealing around corners, sirens were wailing, and the sounds of the city were almost deafening.



Suddenly, the Native American said, *"I hear a cricket."*

His friend said, *"What? You must be crazy. You couldn't possibly hear a cricket in all of this noise!"*

"No, I'm sure of it," the Native American said. *"I heard a cricket."*

"That's crazy," said the friend.

The Native American listened carefully for a moment, and then walked across the street to a big cement planter where some shrubs were growing. He looked into the bushes, beneath the branches, and sure enough, he located a small cricket. His friend was utterly amazed. *"That's incredible,"* said his friend. *"You must have super-human ears!"*

"No," said the Native American. *"My ears are no different from yours. It all depends on what you're listening for."*

"But that can't be!" said the friend. *"I could never hear a cricket in this noise."*

"Yes, it's true," came the reply. *"It depends on what is really important to you. Here, let me show you."*

He reached into his pocket, pulled out a few coins, and discreetly dropped them on the sidewalk. And then, with the noise of the crowded street still blaring in their ears, they noticed every head within twenty feet turn and look to see if the money that tinkled on the pavement was theirs.

"See what I mean?" asked the Native American. *"It all depends on what's important to you."*

Jesus said, *"My sheep hear my voice, and I know them, and they follow me:"* **John 10:27** Jesus' voice is the voice of truth (John 14:6). Those who hear Jesus' voice don't ask, "Is this salvational?" before following truth. They ask, "Is this truth?" If the answer is yes, they follow the Good Shepherd and His way wherever it goes.

What might happen if we "Googled" answers to everyday questions in the Word of God and then actually listened to what God had to say? For Isaiah says, *"And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left."* **Isaiah 30:21** In other words, *"The Bible contains the searching maxims which God has given to guide men and women, youth and children, through the conflicts of this life to heaven."* When Jesus is important to us, we will listen and care about His opinion on things. Let's consider a popular question these days.

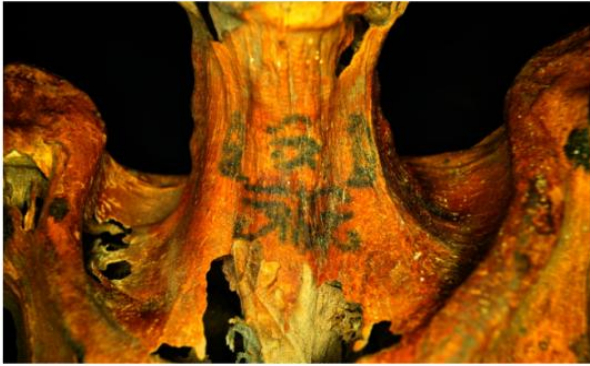
What does God think about tattoos? God said, *"Ye shall not make any cuttings in your flesh for the dead, nor print any marks upon you: I am the LORD."* **Leviticus 19:28** According to Webster's Dictionary, a *"tattoo"* is *"a mark, figure, design, or word intentionally fixed or placed on the skin."* The Bible tells us in plain English a child can understand that God said, don't print any marks [tattoos] on you.

However, today, many are trying to support tattoos by quoting Isaiah 44:5 from corrupted Bibles that are adding man's words and thoughts to what God actually said. It would be well to *"ask for the old paths, where is the good way, and walk therein..."* **Jeremiah 6:16** The meaning of this text is plain in the King James Bible, *"One shall say, I am the LORD'S; and another shall call himself by the name of Jacob; and another shall subscribe with his hand unto the LORD, and surname himself by the name of Israel."* **Isaiah 44:5** This translation of subscribing, or writing to promise, with the hand is supported by comparing the Hebrew parallelism in the verse--one says *with* his mouth, the other writes *with* his hand. If you honestly consult history, Hebrew, and helpful cross-references, instead of popular culture, you will conclude this text nowhere supports tattoos written *"upon"* or *"on the hand"* like the Amplified Bible, the NIV, and other so-called Bibles claim. (The Amplified Bible actually adds the word tattoo in brackets) Frankly, many tattoo parlors aren't even

hiding who they work for, as this picture from <https://www.demoninktattoo.com/> in Wilsonville, Oregon, USA demonstrates.



It is obvious, when we look at history, that God told the Israelite not to print any marks upon the skin because it was part of the idolatrous worship of pagan gods. Here the American Research Center in Egypt discusses a tattooed female mummy (pictured) studied in 2014. They state, *"Though many of her tattoos are still hard to decipher, these show a clear connection to religion and the goddess Hathor. By tattooing in public regions of the body, the tattoos were intended to permanently mark the woman as associated with religious worship. The Eye of Horus was placed on the throat, the two shoulders and the back..."*²



Neck of a tattooed mummy

It is interesting that that writer mentions the Eye of Horus, because this connects with another text in the Bible, Jeremiah 4:22,30 *"For my people is foolish, they have not known me; they are sottish [dull, senseless, silly, inebriated] children, and they have none understanding: they are wise to do evil, but to do good they have no knowledge... And when thou art spoiled,*

what wilt thou do? Though thou clothest thyself with crimson, though thou deckest thee with ornaments of gold, though thou rentest [to rend or tear] thy face with painting, in vain shalt thou make thyself fair; thy lovers will despise thee, they will seek thy life." According to

the Strong's Concordance, at least three of the words in the underlined portion of this verse - rentest, face, and painting - all suggest the painting of the eyes. Egyptian women were known for painting their eyes with what was likely like the Eye of Horus. Here the very literal King James translation is telling--God didn't like this. Perhaps because I am familiar with my husband's strong dislike for makeup, it seems to me God is saying here, *Why are you tearing up the face I created by painting marks on it?* The Bible says, our body is the temple of God. Will we graffiti the temple of God? Do we think we can improve on God's design? 1 Corinthians 3:16,17 says, *"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are."* God hated both the painting of the face with makeup and the marking of the body with tattoos because they were connected with the worship of false gods. It is written of Queen Jezebel, who caused



Ahab to serve Baal, that *"when Jehu was come to Jezreel, Jezebel heard of it; and she painted her face, and tired her head, and looked out at a window."* 2 Kings 9:30. In the Biblical record it was the heathens who marked and painted their skin. History shows both the Canaanites and the Egyptians marked their flesh in the worship of false gods. Today, nothing has changed. Egypt is even now called the *"cradle of cosmetics"* by some. And there is literally a makeup brand called Eye of Horus. They state, *"The name Eye of Horus was inspired by the originators of holistic beauty and rituals, the Ancient Egyptians. They would line their eyes with black eyeliner for beauty and spiritual protection."*³ So like the tattoos on the mummy, these marks on the face and especially the eyes were for *"spiritual protection"* and were also linked with the worship of pagan gods, usually Horus and Ra, the sun god.

Whether we knew it or not, adding paint designs and marks on our skin is linked with idolatrous practices and Jehovah God hates it. In Deuteronomy 12:29-32 the Bible says, *"When the LORD thy God shall cut off the nations from before thee... Take heed to thyself that thou be not snared by following them... and that thou enquire not after their gods, saying, How did these nations serve their gods? even so will I do likewise... Thou shalt not do so unto the LORD thy God: for every abomination to the LORD, which he hateth, have they done unto their gods... Whatever thing I command you, observe to do it: thou shalt not add to it, nor diminish from it."* Nowhere does God mention putting marks on the skin to glorify Him. Instead His direction for the Christian is to have inward adorning, not elaborate outward adorning. 1 Peter 3:3,4 states, *"Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel. But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price"*

To us, Paul's exhortation rings out, *"Today if ye will hear his voice, harden not your hearts."* Hebrews 4:7 When God speaks about any topic, I pray each of us will listen and say like Samuel, *"Speak, LORD; for thy servant heareth."* 1 Samuel 3:9 For indeed, *"The ear that heareth the reproof of life abideth among the wise."* Proverbs 15:31

1-- The Sabbath School Worker, April 1, 1896

2-- <https://arce.org/resource/tattooing-ancient-egypt/>

3-- <https://www.eyeofhorusc cosmetics.com/pages/about-us>



Depressed? Don't Trip Up on Tryptophan

A health segment from swiftrunnerministries.com

"Remember all the encouragement I gave you the other day," I said to my husband, *"I need it back with interest now."* That was really an understatement. Frankly, I had been having a hard time functioning and thinking very well. At night I went to sleep with tears rolling down my cheeks and woke up still ready to cry about everything or nothing. Despite my husband's best efforts to make me happy, and my best efforts to appreciate his efforts and cheer up, trying to stop crying and be normal was like pressing the accelerator to the floor

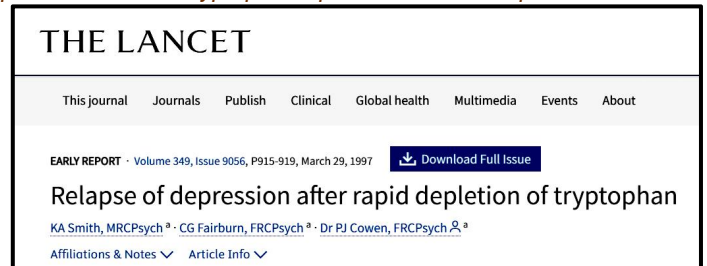
when the car is stuck in the mud; it got me nowhere, and the overexertion just seemed to dig a deeper hole. Knowing something was likely nutritionally wrong, we went through the list. *"Have you eaten your flaxseed?"* my husband suggested, knowing that my emotional history demonstrated that the omega-3s¹ in flaxseed were a must-have for me. Since I thought my flaxseed/omega-3 intake was fine, we moved on to iodine. But I had been taking kelp fairly regularly, and low iodine was not the problem either. Then, finally, Thursday morning at breakfast, I decided to eat pumpkin seeds. As I looked at the bag on the table, it hit me--tryptophan! I hadn't had a good source of tryptophan, an amino acid, in over a week. Circumstances had been such that I had missed my portion of our usual four packages of tofu per week and I'd missed eating pumpkin seeds too. I vaguely remembered this happening once before on a tofu-and-pumpkin-seed-free week. Needless to say, I ate quite a few pumpkin seeds immediately! And, not surprisingly in a few hours, I felt significantly better and the weepiness of the past few days completely disappeared.



Apparently, my need for tryptophan was not unique. Several years ago, a friend had given me Dr. Neil Nedley's book *Depression, the Way Out*. In it he tells of Misty, one of his patients who, after her husband died in a car wreck, suffered from depression and anorexia. This caused extreme weight loss to the point of her being hospitalized and even put on a feeding tube. After 10 days she seemed to be doing better. However, soon after discharge she relapsed. But after a few days of lifestyle training and learning to manage her nutrition issues, Dr. Nedley states that *"She began to improve, slowly, at first, and then rather dramatically. She felt happier and began to look to the future with hope and positive excitement. She actually felt hungry again, and began gaining weight."* He continues, *"Misty attributes her turn-around to the nutritional program outlined in this book...Misty is one of my patients who noticed that she had to get enough tryptophan to stay mentally healthy."*² She discovered that nutrition played a huge role for her because *"Within a month after feeling better, Misty went back to her 'old ways' of eating, and within a week she was down in the dumps again. She returned to the nutritional program and has stayed with it since. It has now been six months since the last relapse...She is cheerful again."*²

It is important for chronically depressed people to monitor their intake of Omega-3s (found in flax, walnuts and chia), folate (beans are high sources), Vitamin B₁₂ (found in chlorella) and tryptophan (tofu and pumpkin seeds are good sources). The reason tryptophan is important is because the body needs certain "raw materials" in order to make serotonin, the "happy hormone." *"Low serotonin levels in the brain are thought to contribute to depression."*³ Interestingly, *"The scientific name for serotonin is 5-hydroxytryptamine (5-HT). Serotonin is made by nerve cells from a protein called tryptophan."*³ To be more specific, tryptophan is an amino acid, one of the building blocks of proteins. It is said that, *"Eating foods with adequate amounts of tryptophan optimizes serotonin production."*⁴

One study, published in the *Lancet*,⁵ considered 15 women who had a past history of depression but were recovered and currently mentally healthy and happy without drug treatment. These women were put on a diet low in tryptophan. The diet produced a 75 percent reduction in plasma tryptophan concentrations. This apparently caused 10 of the 15 women to experience temporary but clinically significant depressive symptoms. Dr. Nedley comments, *"Some of the women claimed they experienced a 'full relapse.' The researchers noted that one woman 'experienced a sudden onset of sadness, despair, and uncontrollable crying.' This study was highly praised as a first to show a direct link between diet and mood. One of my female patients has noticed that going just one day on a low tryptophan diet will cause a relapse into depressions and anorexia --having no desire to eat--which is a prominent symptom for her when she is depressed."*⁴



Of course, there are other lifestyle factors besides tryptophan that play into raising your serotonin levels, like getting regular exercise, spending time in the sun, managing stress, and prioritizing getting quality sleep. But let's look at one more element that is important with tryptophan. It is a little more tricky than just picking a food high in tryptophan because five other amino acids *"compete with tryptophan in traveling from the arteries into the brain tissue."*⁶ These include tyrosine, valine, isoleucine, leucine, and phenylalanine. So it is kind of like a teeter-totter; if the competing amino acids go up, absorbed tryptophan levels in the brain come down. According to *Depression the Way*



Out, this means, *"if our diet is moderate in tryptophan but high in those five amino acids, we may still develop a tryptophan deficiency."*⁷ Dr. Nedley recommends plant-based sources of tryptophan. The top sources of tryptophan, said to be lower in the other amino acids and higher in tryptophan, include tofu, squash and pumpkin seeds, cooked soybeans, flaxseed, and chia seed. A decent daily serving size of tryptophan looks like 1 cup of tofu, or two small handfuls of pumpkin seeds. It turns out flaxseed* is also high in tryptophan, but you would have to eat a 2/3 cup serving to get a daily dose of tryptophan--much more than the one tablespoon needed to maintain omega-3s. Chia seeds also contain higher levels tryptophan, but

you would have to eat about 1/3 cup a day. Despite the fact that lower amounts of tryptophan in flax and chia seeds make it unlikely that needed high tryptophan levels might be obtained by these ingredients alone, flax and chia, along with sesame seeds and tahini, may be used to contribute smaller amounts of tryptophan to your daily need for happiness.

It is always well, to *"Prove all things; hold fast that which is good."* 1 Thessalonians 5:21. And as for me, I'll be holding on tight to tryptophan sources like tofu and pumpkin seeds, because sometimes little things can make a big difference in your day.

Disclaimer: We support scientific sources of quotes only as far as they match the Bible. If you choose to follow them back to their original source, reader discretion is advised.

*Note: flaxseed oil does not contain tryptophan. 1--Visit the [December 2022 Bible Banner](#) for the article about Omega-3s called *Essential Fats* 2---[Depression, the Way Out](#), pg, 65,66 3-- <https://www.healthdirect.gov.au/serotonin#:~:text=Low%20serotonin%20levels%20in%20the,from%20a%20protein%20called%20tryptophan> 4---[Depression, the Way Out](#), pg, 35 5-- <https://www.thelancet.com/journals/lancet/article/PIIS0140673696070444/abstract> 6---[Depression, the Way Out](#), pg, 38 7---[Depression, the Way Out](#), pg, 66,67



The Pain of Love

"He which converteth the sinner from the error of his way shall save a soul from death..." James 5:20
Jesus said, *"As many as I love, I rebuke and chasten: be zealous therefore, and repent."* Revelation 3:19

A lady visiting the Bible lands came upon a sheepfold located high on a hilltop. Her attention was drawn to one poor sheep lying by the side of the road bleating in pain. Looking more closely, she discovered that its leg was injured. She asked the shepherd how it happened.

"I had to break it myself," he answered sadly. *"It was the only way I could keep that wayward creature from straying into unsafe places. From past experience I have found that a sheep will follow me once I have nursed it back to health. Because of the loving relationship that will be established as I care for her, in the future she will come instantly at my beck and call."*



The woman replied thoughtfully, *"Sometimes we poor human sheep also want our stubborn ways and as a result stray into dangerous paths until the Good Shepherd sends sorrow and pain to arrest us. Coming then into a sweeter and closer communion with our Savior, we at last are conditioned to hear His voice and follow His leading."*

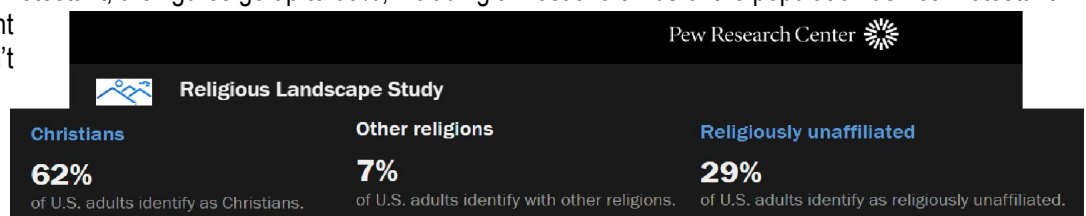
No wonder King David, a former shepherd, wrote the following after God, through the prophet Nathan, revealed David's punishment for his sin with Bathsheba. David wrote, *"Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions...Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow. Make me to hear joy and gladness: that the bones which thou hast broken may rejoice."* Psalm 51:1,7,8



Pagan or Not? -- Prophetic News Notes

With Hindu statues going up, and paganism on the rise in America, Christianity and Protestantism appear to be declining. The Pew Research Center shows that in America, religions other than Christian now total 36%, more than 1/3 of the population!¹ If you refine the statistics more to rule out those not Protestant, the figures go up to 60%, including almost two-thirds of the population as not-Protestant!

Though once a primarily Protestant nation, by the statistics, the US can't really be considered Protestant anymore. And as paganism invades, demonic activity will increase for those who forfeit the protection of God. In the Bible, the

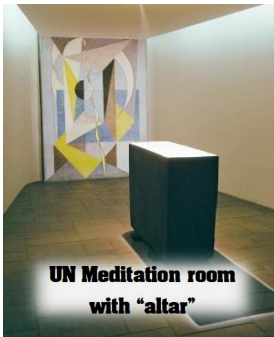


Revelation of Jesus Christ reveals only two sides, God's side and that of the Dragon and the Beast (Satan/Paganism and Papalism).

We read, *"And all the world wondered after the beast. And they worshipped the dragon which gave power unto the beast: and they worshipped the beast, saying, Who is like unto the beast? who is able to make war with him?...And all that dwell upon the earth shall worship him, whose names are not written in the book of life of the Lamb slain from the foundation of the world. If any man have an ear, let him hear."* Revelation 13:3b,4,8,9 But how do we avoid worshipping the dragon, and his corresponding paganism, or the beast, and his "baptized paganism" when as someone said to me recently, *"Everything is pagan."*? And frankly, with the influx of paganism, it is starting to feel like that sometimes. However, the Bible promises there will be a remnant who love God and who *"follow the Lamb whithersoever he goeth."* Revelation 14:4 They will be separate from worldly practices and not be corrupted by paganism.

We also find Paul counseled the Corinthians and us, as last-day Christians, to avoid pagan practices, saying, *"Wherefore, my dearly beloved, flee from idolatry...But I say, that the things which the Gentiles sacrifice, they sacrifice to devils, and not to God: and I would not that ye should have fellowship with devils. Ye cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils."* 1 Corinthians 10:14,20,21 Our choice is one or the other. Therefore, in order to avoid idolatry everything we do should be analyzed. I always hold to *"Do not see how close you can walk upon the brink of a precipice and be safe. Avoid the first approach to danger."*² Think, *Is it practical or is it religious?* There are no prohibitions in the Bible against practical things like being a shepherd, a farmer, a carpenter, a teacher, a parent, or a brick layer. The Bible encourages eating healthy food, drinking water, building a house, sewing, washing clothes, buying a field, walking, riding a horse or riding in a wheeled chariot to get where you are going (today's parallel, a car with wheels & horse power), etc. However, if something is not practical, it is likely religious in nature.

But what about practices that seem to be connected with paganism? One of these is midwifery. You might be taught connections to *"Eileithya or Ilithia... the the Greek goddess of childbirth and midwifery, and the daughter of Zeus..."*³ or some other pagan deity connected with midwifery. Does this mean you cannot hire a midwife to deliver your baby? No, although you will probably want to look for a Christian midwife. To determine this is okay, look in your Bible and you will find God used and approved midwives first, before this pagan goddess was even mentioned. Exodus 1:20,21 describes Hebrew midwives, saying, *"Therefore God dealt well with the midwives:...And it came to pass, because the midwives feared God, that he made them houses."* So we see that God-fearing midwifery is blessed by God. How about the rainbow? Is it okay to use? Again, we find God had it first. After the flood/rain we find *"God said, ... I do set my bow in the cloud, and it shall be for a token of a covenant between me and the earth."* Genesis 9:12a,13 We may use the rainbow despite it's connections with the New Age and homosexuals, etc. However, time and place must be considered because *"Unto the pure all things are pure: but unto them that are defiled and unbelieving is nothing pure; but even their mind and conscience is defiled."* Titus 1:15 In other words, using a rainbow in a Sabbath School class when studying Noah's Ark might be alright, but waving a rainbow flag in the town parade is probably not wise.



But what about something more obscure like *"If I am praying to the God of the Bible, is it okay to endorse and utilize the meditation room at the United Nations (UN)? After all, it is for 'inter-faith purposes'"*⁴ One might reason that, according to the UN, *"The 6-ton iron ore slab in the middle of the room... represents an altar that is dedicated to 'The God whom man worships under many names and in many forms.'"*⁴ However, although this altar may please all the false gods of the world, it will not please the God of the Bible, because He stated, *"If thou wilt make me an altar of stone, thou shalt not build it of hewn stone: for if thou lift up thy tool upon it, thou hast polluted it."* Exodus 20:25 The Bible talks about a lot more than many think, but we must take the time to regularly read it in order to know the answers to many questions. To truly know and love God's Word is to know and love Jesus. *"And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent."* John 17:3

1-- <https://www.pewresearch.org/religious-landscape-study/>

2--Manuscript Releases, Vol.18, 297.3

3--<https://en.wikipedia.org/wiki/Eileithya#:~:text=Eileithya%20or%20Ilithia>

4-- <https://www.un.org/ungifts/meditation-room>

5-- <https://www.un.org/en/visitor-centre-new-york/meditation-room-bo-beskow-sweden-1957>



God's Amazing Creations

Believe it or not, although it doesn't look very fancy, the greater wax moth, nicknamed the "honeycomb moth," is said to have the best hearing of any animal in the world! It is capable of hearing high sound frequencies of up to 300,000 hertz (300kHz) - more than 100 times higher than the whiniest human voice and fifteen times the maximum frequency (20kHz) that can be heard by people with the best hearing. The greater wax moth also has a lower hearing-register of just 20Hz, the widest range of any creature in the animal kingdom. Since a moth's most feared predator (enemy) is a bat, excellent hearing is important to keep it alive. Moths use their very high-frequency hearing to avoid bats. I didn't even know moths had ears. But God created moths to hear using a thin, eardrum-like membrane called a tympanum. In fact, moths have their hearing organs hidden among the hair on their thorax (body) at the base of their wings. What a unique design!



Greater Wax moth
Andrew Cooper

Look up the texts in your Bible and see if you can figure out which Bible text goes with which key words.

Jeremiah 22:29, Proverbs 8:33, John 10:27, Ecclesiastes 12:13, Ezekiel 3:17

Hear, instruction

Hear, conclusion

Hear, O earth

Hear, watchman

Hear, voice