

President Lincoln once got caught up in a situation where he wanted to please a politician, so he issued a command to transfer certain regiments. When the secretary of war, Edwin Stanton, received the order, he refused to carry it out. He said that the President was a fool. Lincoln was told what Stanton had said, and he replied, *"If Stanton said I'm a fool, then I must be, for he is nearly always right. I'll see for myself."* As the two men talked, the President quickly realized that his decision was a serious mistake, and without hesitation he withdrew it. Likewise, when the word of God condemns our ideas as foolishness, the wise will reconsider. *"For the word of the LORD is right; and all his works are done in truth."* Psalm 33:4

### Date Balls

2 cups (16 oz.) dates or date pieces¼ cup oil (I use light olive oil)2 cups brown rice krispies cerealShredded coconut for rolling the balls in

1/4 cup water <sup>1</sup>/<sub>2</sub> cup sucanat



Mix together in sauce pan all ingredients except rice krispies and coconut. Cook over medium heat until it thickens to a paste. Remove from heat. Add rice krispies cereal. Roll into balls and roll in coconut while still warm.

# QUOTABLE QUOTES

"It is well to remember that reading books about the Bible is a very different thing to searching the Word for oneself." -Henry Allen Ironside

### PROFITABLE TRADITIONS CULTIVATE HEALTH



Play the Rainy Day Exercise Game.

Mark an old almost-square box with different activities on each side. Include your favorite exercises like jumping jacks, marching in place, toe touches, squats, or for younger kids be more creative and mark it with frog hops, crab walks (pictured), scissor jumps, duck waddles, or wheel barrows (one child holds up the feet of another while they walk with their hands), etc. The next time you are stuck inside on a stormy day,



pull out the box and "roll" it. Then follow the directions on the side that lands up and have fun exercising to your health!



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Prophetic Truth

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Editor's Note and Study to Show Thyself Approved

I once heard a story of a mother who was helping her child get bundled up to go outside. Her friend stood in the doorway waiting as the mother directed, "Put your hand in the sleeve, and then the other sleeve. Now put on your hat and zip it up," etc. As the child struggled along slowly, the other lady said, "Why don't you just help him?"

*"I am helping him,"* his mother replied. And indeed, she was actually helping him more by teaching him to help himself. This reminds me of one of my quests to understand prophecy. *"If you understand it, won't you explain it to me?"* I pleaded. But instead of an explanation, my husband handed me a piece of paper, pointed out a few things, and promptly went back to his project. Little did I understand at the time, he **was helping** me by teaching me to study for myself. Thankfully, some things are on the surface. In fact, I firmly believe if you read the Bible including Daniel and Revelation and heed all its warnings and to the best of your ability follow God's commands that are evident on the surface, God will show you the Way of Life.

One plain warning we find in Matthew 24. "And Jesus answered and said unto them, **Take heed that no man deceive you**. For many shall come in my name, saying, I am Christ; and shall deceive many... And many false prophets shall rise, and shall deceive many...For there shall arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect." Matthew 24:4, 5, 11, 24 Jesus does not here foretell a just "clumsy" deception that all church-goers will easily recognize, but instead He warns of false Christs and pseudo-prophets that will try to deceive the very elect. For this to take place, this deception must come from ministers and teachers that people think they can trust. One last-day writer expounds thus. "We have far more to fear from within than from without." And further, "Many will stand in our pulpits with the torch of false prophecy in their hands, kindled from the hellish torch of Satan...."<sup>2</sup>

As I have observed or researched false teachers, I have noted the use of prophetic messages calculated to deceive. As 2 Timothy 3:13 declares, these erroneous prophetic messages often deceive even the teachers themselves. "But evil men and seducers shall wax worse and worse, <u>deceiving</u>, and <u>being deceived</u>." Because people often do not understand prophecy themselves, they are anxious for an explanation of what they do not understand. This makes it hard for them to discern the error of what they do not understand. Very often, in the beginning, a false teacher's deviations from truth are very small. "The track of truth lies close beside the track of error, and both tracks may seem to be one to minds which are not worked by the Holy Spirit, and which, therefore, are not quick to discern the difference between truth and error."<sup>3</sup> There are two main reasons that seem to cause people to be deceived with false prophecies.

1. **They are not heeding the warnings.** They are not *"following on to know the Lord,"* living up to and practicing all the truth they know. This leaves them devoid of the Holy Spirit since God specifies that He gives the Holy Spirit only to those who obey. Remember part of the Holy Spirit's job description is to *"shew you things to come."* (Acts 5:32, Hosea 6:3, John 7:17, John 16:13)

2. They have a lack of knowledge of prophecy. "Where there is no vision, the people perish: but he that keepeth the law, happy is he." Proverbs 29:18 Since God promises wisdom to those that ask, ignorance of prophecy is usually the result of laziness in study, wanting just a "fast food" religion, or sometimes actually a rejection of knowledge. In Hosea 4:6, God declares, "My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

My own lack of knowledge was two-fold, wanting a "fast food" religion (a quick read of a chapter a day was plenty), and being highly intimidated by the numbers in time prophecies since math is not really my thing. I attended many evangelistic and prophecy seminars, but still I didn't really understand. However, my current belief is that you have to study prophecy for yourself in order to

more fully comprehend it. While others may give you help, no one else can do it for you. But thankfully, (besides directing us in Isaiah 28:10 to study *"precept upon precept, line upon line"*) God gives us additional direction on how to more easily study and understand prophecy. *"And the LORD answered me, and said, Write the vision, and make it plain upon tables, that he may run that readeth it..."* Habakkuk 2:2 This direction has been followed by many students of prophecy in the publication of charts showing the prophetic symbols and dates. In fact, it has been stated that, *"As early as 1842"* 



the direction given in this prophecy to "write the vision, and make it plain upon tables, that he may run that readeth it," had suggested to Charles Fitch the preparation of a prophetic chart to illustrate the visions of Daniel and the Revelation. The publication of this chart was regarded as a fulfillment of the command given by Habakkuk." <sup>4</sup>The foregoing statement is a reference to the 1843 chart of the Great Advent movement. It was followed by the 1850 chart, and then the 1863 chart which had fewer words, but included a "Key of Explanations." These three charts have been very helpful in developing my understanding of the prophetic messages of Daniel and

Revelation. (These charts are available for download on our website here. <u>https://www.biblepicturepathways.com/prophecy-charts.php</u>)

However, I have included one more chart that really helped me to see and understand the time prophecies. Prophecy is kind of like God's "playbook" of not only *what* will happen but *when* it will happen. This is what enabled Jesus and John the Baptist both to preach *"the time is fulfilled."* (Mark 1:15) and *"the kingdom of heaven is at hand."* (Matthew 3:2). They preached this based on the 70-week prophecy found in Daniel 9 that you see on the chart below. (This chart is an expanded form of the chart that my husband made for me. It has really helped me to see the numbers on a timeline.) The following is a much abbreviated version of what I have come to understand about prophecy. When you have the correct understanding all the pieces fit together like a puzzle.

The "1260" prophecy is the prophetic time most often repeated. I believe it was given in part to encourage God's people throughout the time of papal oppression when God's true church was in the wilderness during the "Dark Ages." This prophecy is listed in seven places throughout Daniel and Revelation as 1260 days, 42 months and 3 ½ times, a time being a year. (Daniel 11:13 says *"after certain years,"* and the margin found in many Bibles states that the Hebrew reads *"at the end of times, even years"*) This prophecy pinpointed the "deadly wound" of the Papacy. (Rev. 13:3) Also, along with the 1290, the 1260 helped to point out the *"time of the end"* when the book of Daniel would be unsealed and it was prophesied that *"knowledge shall be increased."* In addition, these prophecies help us remember that Daniel, by way of knowledge of the prophetic message bearing his name, would *"stand in* [his] *lot at the end of the days."* Daniel 12:11, 9, 13

#### **Prophetic Day = Literal Year**

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(Numbers 14:34 ...each day for a year... / Ezekiel 4:6 ...I have appointed thee each day for a year.)
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As prophesied, right on time, after 1798 and nearing "the end of the days" in 1844, God raised up a prophetic movement out of the many churches. Despite their great disappointment when Jesus didn't come as expected in 1843 and 1844, God placed His "1335" blessing on the Great Advent Movement. In fact, it was pinpointed in time by the 2<sup>nd</sup> woe of Revelation 9 and the fall of the Ottoman Empire. Revelation 10 follows the 2<sup>nd</sup> woe revealing a prophetic movement (vs. 11) at the same time that "there should be time no longer." vs. 6. This encouraging prophetic puzzle piece even prophesied the Great Disappointment of the prophetic movement represented by John saying, "And I went unto the angel, and said unto him, Give me the little book. And he said unto me, Take it, and eat it up; and it shall make thy belly bitter, but it shall be in thy mouth sweet as honey. And I took the little book out of the angel's hand, and ate it up; and it was in my mouth sweet as honey: and as soon as I had eaten it, my belly was bitter." (vs. 9,10) Revelation 10 not only makes clear the end of prophetic time or "time no longer," it also made clear that this prophetic message was to be repeated to the world. "And he said unto me, Thou must prophesy again before many peoples, and nations, and tongues, and kings. ...," Rev. 10:11

The "foundation and central pillar"<sup>5</sup> of the Great Advent movement proclaimed the antitypical day of atonement based on the 2300-day prophecy of Daniel 8:14. "Unto two thousand and three hundred days; then shall the sanctuary be cleansed." They also proclaimed, "The hour of his judgment is come..." as seen in first angel of Revelation 14:7. This was based on the "seven times" or 2520 of Leviticus 26:28 to 34 (with its scattering and gathering) and also Daniel 7:9, 10 (Note: 7 times/years x 360 days in a prophetic year= 2520) It is worth noting that the 2520 only confirms dates otherwise confirmed by other prophecies. However, because this was a conditional prophecy with a start date based on when national apostasy occurred, some critics today discount it as a prophecy at all. But "the spirits of the prophets are subject to the prophets." 1 Cor. 14:32 In Daniel 9:11, 13 we find that while Daniel was captive in Babylon/MedoPersia for 70 years (seen on the above chart), he made confession to God because "the curse is poured upon us, and the oath written in the law of Moses" and he stated, "As it is written in the law of Moses, all this evil is come upon us:" This is a reference to Leviticus 26 and Deuteronomy 28-30.

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I am of the opinion that not only is this prophecy conditional, it has more than one application, including individual ones. So what is most important is the message of the "seven times". In Daniel 4:16, 23, 25, 32 Nebuchadnezzar receives a "seven times" punishment. Because of his pride, he is removed by God from being king. For "seven times" he eats grass and lives like a beast. "Seven times" later God restores him to being king. This story gives us a clue into *"the hour of his judgment is come"* message of the 2520 or "seven

times." In Leviticus 26:19, God declares, "And I will break the pride of your power..." This "seven times" is God's chastening rod. It is his strongest disciplinary action to get a prideful nation or prideful individual to repent and realize their need of Him. This is a message that Laodiceans who are "rich, and increased with goods, and have need of nothing..." should heed. (Rev. 3:17) As Jesus stands at the door and

knocks, He says, "As many as I love, I rebuke and chasten: be zealous therefore, and repent."
Revelation 3:19 "God has a purpose in sending trial to his children. He never leads them otherwise than they would choose to be led if they could see the end from the beginning, and discern the glory of the purpose which they are fulfilling. He subjects them to discipline to humble them,--to lead them, through

trial and affliction, to see their weakness and to draw near unto him. As they cry to him for help, he responds, saying, 'Here am I."<sup>6</sup> The blessing of the Savior can save us from the curse of sin. The beautiful news of the gospel and the 2300-day prophecy is "Christ hath redeemed us from <u>the curse</u> of the law, being made a curse for us..." Galatians 3:13 Indeed, in type we find, to make atonement for repentant sinners, Jesus' blood is applied to mercy seat "with his finger seven times." Leviticus 16:14 As Daniel expounds, God's desired end result of the "seven times" is "that we might turn from our iniquities, and understand...truth." Daniel 9:13



**1863 Prophetic Chart** 

The prophetically protective truths I have learned from studying the prophetic periods include:

- We are living in prophetic overtime, "time no longer" and "the end of the days." The prophetic periods ended in 1844. Further time setting is futile and unsure. I believe "Anyone who shall start up to proclaim a message to announce the hour, day, or year of Christ's appearing, has taken up a yoke and is proclaiming a message that the Lord has never given him"<sup>7</sup> We are told, "But of that day and that hour knoweth no man, no, not the angels which are in heaven, neither the Son, but the Father." Mark 13:32.
- 2. God is not waiting for a special time to come. He is waiting on us. Like any other rescue operation, Christ's rescue operation for our planet ends when everybody that can be saved has been saved. Peter explains "that there shall come in the last days scoffers, walking after their own lusts, And saying, Where is the promise of his coming? for since the fathers fell asleep, all things continue as they were from the beginning of the creation...The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance." 2 Peter 3:3,4,9
- 3. Our duty as Christians is to spread the gospel and prophetic truth to others teaching them to "Watch therefore, for ye know neither the day nor the hour wherein the Son of man cometh." Matt. 25:13 We cannot know the exact time of probation's close or of Christ's return. But He has given us prophecy to help us believe in Him (John 13:19, 14:29), to improve our character (1 Peter 1:9), and to provide hope (Romans 15:4) that our "redemption draweth nigh." (Luke 21:28) As we see signs of the times multiply, Matthew 24:33 encourages "So likewise ye, when ye shall see all these things, know that it is near, even at the doors."<sup>8</sup>

1--{Review and Herald, March 22, 1887 par. 4} 2-- {Last Day Events, pg.179} 3-- {RH, October 22, 1903 par. 2} 4-- {Great Controversy, pg. 392.2} 5-- {Great Controversy, pg. 410.1} 6-- {RH, December 19, 1907 par. 16} 7-- (Review and Herald, Sept 12, 1893) 8-- See also Mark 13:29



Science or Spiritualism? Prophetic News Notes



Today's "science" is blurring the lines between life and death. The scriptures state, "For the living know that they shall die: but <u>the dead</u> <u>know not any thing</u>, neither have they any more a reward; for the memory of them is forgotten. Also their love, and their hatred, and their envy, is now perished; neither have they any more a portion for ever in any thing that is done under the sun. Eccl. 9:5,6

But recently, I found this article entitled, "This ferret died 33 years ago and scientist b[r]ought it back to life."<sup>1</sup> The article further states, "Like most of us you probably have dead relatives, and are aware that our time on this mortal coil is short lived – especially when measured against the epoch of time. <u>But, increasingly death no longer has to be</u> <u>permanent and there are an increasingly number of novel</u> <u>ways to resurrect people</u> – whether it's as avatars, bots, or Virtual Reality (VR) clones, or <u>even by recompiling ancient</u> DNA and using it to bring people back from the dead in



#### physical form by cloning them.

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"Now, a year or so on after scientists in Japan revived 28,000 year old woolly mammoth cells, we are getting closer to making the latter a reality after scientists cloned an endangered species, a black-footed ferret named Elizabeth Ann, whose donor had been dead for more than 30 years – it might not be Jurassic Park, but for Elizabeth Ann it's the next best thing.

"Meet Elizabeth Ann, reincarnated...After the original ferret, Willa, died in 1988, scientists froze her body to preserve her genetic material, hoping to someday perform an experiment like this. While a domesticated ferret carried the cloned embryo, the new ferret, who is being raised at a US Fish and Wildlife Service black-footed ferret breeding facility in Fort Collins, Colorado, is still very wild, with all the instincts and aggression that suggests...<sup>71</sup>

The article highlights this startling point, "Why This Matters in Brief—Our ability to clone and de-extinct complex organisms and animals is getting better—and one day humans will be next."<sup>1</sup> Could "resurrecting" the dead be one of miracles of the beast with horns like a lamb will use to deceive? Take heed, because Revelation 13:14 warns of his method, "And [he] deceiveth them that dwell on the earth by the means of those miracles which he had power to do..." We live in a time we cannot believe our senses, we must trust only to the sure word of prophecy.

1-- https://www.fanaticalfuturist.com/2021/04/this-ferret-dies-33-years-ago-and-scientists-bought-it-back-to-life/



## The Burden

Once a porter in Asia, taking his carrying pole, went to meet a missionary at the train depot. At the station he found that the luggage consisted of one large, heavy bag instead of several smaller ones which the missionary usually carried. He couldn't divide that bag into two portions, and plainly he couldn't carry that heavy bag hanging from one end of his pole. He looked about until he found a stone about the same weight as the bag, hung that from one end of the pole, the bag from the other, and walked proudly home with his double burden! The easier way for him was to carry twice as much. By carrying the two



when he needed only to have carried one, he balanced his burden. It's easier to carry two bags than one, for they balance. A onesided load is a greater strain than a balanced burden that is twice as heavy. A milkmaid with the old-fashioned yoke always walked more easily and straightly carrying two full milk pails than under the awkward burden of one. By doubling a burden you actually make it easier to bear because you have balanced it. We all have our own burdens, and it often seems as if they are enough to carry. But the Bible says, "Bear ye one another's burdens, and so fulfil the law of Christ." Galatians 6:2 Take on another's burden as well, and

balance your own. That is the yoke of Christ. The way to carry our

own burdens more easily is to help carry somebody else's burden. Perhaps that's one reason God gave us two hands—one for our own burdens and one for our neighbor's. "Look not every man on his own things, but every man also on the things of others." (Philippians 2:4).



### Little Lentils, Big Nutrition

The Times of India stated, "These 7 vegetarian foods have more iron than meat."<sup>1</sup> They state that "Lentils are not only loaded with protein but are also enriched with iron. A cooked cup of lentils provides 6.6 mg of iron."<sup>1</sup> Of course, unlike meat, "Lentils are high in fiber, which supports regular bowel movements and the growth of healthy gut bacteria...Furthermore, lentils contain a broad range of beneficial plant compounds called phytochemicals, many of which protect against chronic diseases such as heart disease and type 2 diabetes."<sup>2</sup> From my research, nutritionally, lentils are the best replacement for meat.

These little lens-shaped, unassuming legumes are also one of the least expensive ways to get power-packed nutrition. Lentils are a high source of many vitamins and minerals. They are especially good for pregnant mothers since "Out of all plant-based foods, lentils contain the most folate!"<sup>3</sup> as well as containing 12% of the recommended daily value of choline.<sup>4</sup> Both these nutrients are necessary to prevent birth defects. According to myfooddata.com lentils are very mineral rich. In one cup of cooked lentils, besides containing 37%

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of the recommended daily value (DV) for iron (good for oxygenating the blood), there is 55% of your copper (good for immune health), 43% of your manganese (helps maintain normal blood sugar levels), and 29% of your phosphorus (used for growth and repair of cells and DNA). In addition, there 23% of your DV of zinc (good for your immune system), 17% of your magnesium (good for your nerves and many other body functions), 16% of your potassium (good for your blood pressure), 10% of your selenium (immune booster), and 3% of your calcium.4

The same cup of cooked lentils is also rich in B vitamins. It contains 90% of your recommended daily value (DV) of folate (B9), 28% of your Thiamin (B1), 11% of your Riboflavin (B2), 13% of your Niacin (B3), 25% of Vitamin B5, and 21% of Vitamin B6. Lentils also contain all nine of the essential amino acids (the building blocks of life). They also contain 5% of your Omega-3 fatty acids.<sup>4</sup>

No wonder in the Bible lentils (Note: KJV spelling is lentiles) are mentioned four times by name. They are mentioned as a battleground (2 Samuel 23:11), a birthright price (Genesis 25:34), food staples for fugitives (2 Samuel 17:28) and an important ingredient in Bible bread (Ezekiel 4:9). God told Ezekiel "Take thou also unto thee wheat, and barley, and beans, and lentiles, and millet, and fitches, and put them in one vessel, and make thee bread thereof ... "Three simple ways to include lentils in your diet are lentil soup, lentil "haystacks," and lentils with potato chunks topped with sautéed onion. Lentils and potatoes are both high sources of lithium,<sup>5</sup> which is now being seen as a new



essential micronutrient<sup>6</sup> since lithium is now being used "as a strategy in the primary prevention of mood disorders and pre-suicidal syndrome."6 So dish up a plate of lentils to your health!

1-- https://timesofindia.indiatimes.com/life-style/health-fitness/photo-stories/these-7-vegetarian-foods-have-more-iron-than-meat/photostory/64355174.cms 2-- https://www.healthline.com/nutrition/lentils#nutrition 3-- https://www.lentils.org/health-nutrition/nutritional-information/ 4- https://tools.myfooddata.com/nutrition-facts/172421/wt1/1 5-- http://cookcal.info/en/foodstuffs/content/427 6-- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6443601/ and https://pubmed.ncbi.nlm.nih.gov/11838882/



## **God's Amazing Creatures**

Despite its looks, the secretarybird is actually a raptor. They are one of just two birds of prey that hunt on the ground. Secretarybirds have one of the strongest (and fastest) kicks in the animal kingdom. They can kick with a force 5-6 times their body weight. It happens fast too; in 15 milliseconds the foot can go from still to making contact. Secretarybirds love to hunt snakes. They use their large wingspan to distract the snake, while their scaley legs prevent snake bites. Although they eat other things too, poisonous snakes like adders and cobras are regularly among the types of snakes they prey upon.

Secretarybirds are also special because they mate for life. This means the same mommy and daddy bird stay together as long as they are

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alive. Although the secretarybird lives in the open grasslands of Africa, it can fly and often makes its nest in the top of thorny acacia trees. Both the mother and father work together and help to build the nest. Secretarybirds remind us that Jesus wants us to help each other too.

