



The Bible Banner



April 2022
Bonus Edition

The Commandments of God and the Faith of Jesus

A sea captain related at a prayer-meeting this thrilling incident in his own experience. "A few years ago," said he, "I was sailing by the island Cuba, when the cry ran through the ship, 'Man overboard!' It was impossible to put up the helm of the ship, but I instantly seized a rope and threw it over the ship's stern crying out to the man to seize it as for his life. The sailor caught the rope just as the ship was passing. I immediately took another rope, and making a slip noose of it, attached it to the other, and slid it down to the struggling sailor, and directed him to pass it over his shoulders and under his arms and he would be drawn on board. He was rescued; but he had grasped that rope with such firmness, with such a death grip, that it took hours before his hold relaxed, and his hand could be separated from it. With such eagerness, indeed, had he clutched the object that was to save him, that the strands of the rope became imbedded in the flesh of his hands!"

Reader, has not God let down from heaven a rope to every sinner on the earth, is not every strand a precious promise of His word, and ought we not to lay hold on our Savior as for our very life? *"For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord."* Romans 6:23

Leftover "Thousand Island" Salad Dressing

This may be made by simply mixing leftover vegan sour cream or mayo with lemon pickle relish and catsup. (We never measure, we just use what is left over after having vegan hotdogs, usually. The recipe is somewhat versatile, so we just mix until it is the right color (see pic) and the flavor we like)



For **mayo** and **lemon pickle relish recipes** see the July 2019 Bible Banner or visit our Vegan Recipe Collection Here

<https://www.swiftrunnerministries.com/recipes--dressings-dips-and-cheeses.php>

Catsup 6 oz. (170 g) tomato paste ½ tsp salt
2 Tbsp honey (more, to taste) 2 Tbsp lemon juice
Garlic and onion powder to taste water, as needed

You may blend the catsup, but I often just mix it by hand thoroughly. Add water to the desired consistency. Freeze in between uses or use within a week. This may be put in a squeeze bottle if desired.

PROFITABLE TRADITIONS

Cultivate Creativity and Adaptability

George Washington Carver made more than 300 products from peanuts. Pick an ingredient that you have in a good amount. See how many different tasty things you and your family can create using this ingredient.

"Bless the LORD...and forget not all his benefits... Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's." Psalm 103:2, 5

Quotable Quotes

"Where the Bible and the Church do not agree, **we must obey the Bible**, and, where conscience and human authority are in conflict, **we must follow conscience.**"

John Wycliffe

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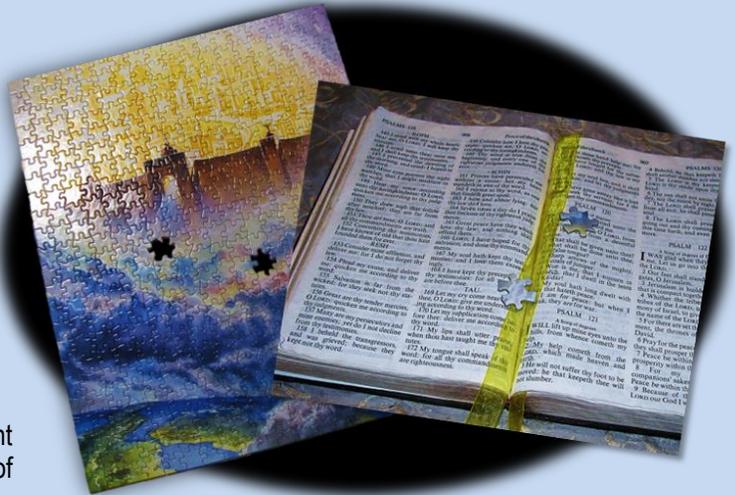
Editor's Note and Study to Show Thyself Approved—The Missing Pieces

“Look, I found the pieces!” I said. “Guess where they were?”
 “Where?” the rest of the family questioned.
 “In the Bible,” I stated solemnly, with my mind already faintly beginning to grasp the object lesson.

The rest of the family had been putting together a puzzle of the new Jerusalem while I had immersed myself in a Bible study project (puzzles are just not really my thing). But as the puzzle neared completion, the family became quite certain that there were two pieces missing, and sure enough, as they finished the puzzle, there were two blank spots still glaring back at them.

Despite a thorough search of the floor below the puzzle and their chairs, etc., they were unable to find the missing pieces.

Now, just as we were reassembling ourselves in the living room for Sabbath sundown worship, I saw the pieces laying in plain sight right in the middle of the Bible that was open on the small table in front of the couch.



Oh, how many vainly look everywhere else for clues to explain and “finish the picture” of the “kingdom of heaven,” when the clues are right there in plain sight in God’s word, the Bible! Indeed, the Bible has help for every circumstance and condition of life. Let’s consider the third angel’s message and the mark of the beast from the perspective that the Bible itself contains the missing pieces. *“And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, The same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation... and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.” Rev. 14:9-12*

Just on the surface, we see two sides portrayed here, those who worship the beast and his image and have his mark versus those who worship God, described ...described as those who have “patience” (love God’s will and word--Luke 8:15, Hebrews 10:36), are “saints” (having His image, “sanctified through the truth”--1 Cor. 1:2, John 17:17), and keep the commandments of God and also have the faith of Jesus. God’s people will receive, not the mark of the beast, but God’s seal in their foreheads. (Revelation 7:2,3)

This immediately makes obvious that worship of the beast is worship of that which is NOT God. The marked will give credence or praise to that which is NOT God’s will or way. They put somebody or something up on a pedestal, exalting them above God. This may be done by exalting their word above God’s word, their power above God’s power, or their authority above God’s authority. We see this description of worship in Revelation 13:4 *“And they worshipped the dragon which gave power unto the beast: and they worshipped the beast, saying, Who is like unto the beast? who is able to make war with him?” Revelation 13:4* Those who worship the beast say essentially *“our god is better than your God, our way is better than God’s way, our word is better than God’s word.”* Indeed Jesus answered this concept saying, *“But in vain they do worship me, teaching for doctrines the commandments of men.” Matt. 15:9*

This should be no surprise since we saw that the mark of the beast is contrasted with keeping the commandments of God and the faith of Jesus. *“The contest will be between the commandments of God and the commandments of men. Those who have yielded step by step to worldly demands, and conformed to worldly customs, will then yield to the powers that be, rather than subject themselves to derision, insult, threatened imprisonment, and death.” Prophets and Kings, p. 188*

Now in Daniel 7:25 under another figure, we are told that the beast power will *“think to change times and laws.”* This isn’t difficult, a child could tell you that the fourth commandment of God is the one that talks about time (Ex. 20:8-11). Not coincidentally, the word mark (Genesis 4:15) and the word sign (Ez. 20:12,20) are the same word in Hebrew. And it is a specific time that God gives as His sign that Jehovah has sanctified you. *“Speak thou also unto the children of Israel [meaning those who will “prevail with God”], saying, Verily my sabbaths ye shall keep: for it is a sign [mark] between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you. ... It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.” Exodus 31:13,17* Interestingly, the Sabbath is a memorial of God’s creative power, so those who keep it are saying in essence, *“Who is like unto the LORD our God, who dwelleth on high”? Psalm 113:5* They believe, *“By the word of the LORD were the heavens made..” Psalm 33:6* and likewise by the word of the Lord *“God blessed the seventh day, and sanctified it...” Genesis 2:3* Thus in the beginning, by definition, the Sabbath was set apart for holy use and worship.

Indeed, the Sabbath is the first command God gave concerning worship (See also Ex. 16:22-30) *"The Sabbath therefore lies at the very foundation of divine worship, for it teaches this great truth in the most impressive manner, and no other institution does this. The true ground of divine worship, not of that on the seventh day merely, but of all worship, is found in the distinction between the Creator and His creatures. This great fact can never become obsolete, and must never be forgotten."*--J. N. Andrews, *History of the Sabbath*, chpt. 27.

God's command for the Sabbath specifies *"Remember"* (Exodus 20:8) and *"the seventh day"* therefore, we might expect the dragon to say *"forget"* and the beast to suggest another day to worship as a "mark" of his authority. And indeed, Papal Rome repeatedly has done this.

For example, Catholic Priest T. Enright, in a lecture at Hartford, KS, Feb 18, 1884 stated, *"I have repeatedly offered \$1000 to any one who can furnish any proof from the Bible that Sunday is the day we are bound to keep...The Bible says, "Remember the Sabbath day to keep it holy," but the Catholic Church says, "No, keep the first day of the week," and the whole world bows in obedience."*

Rome has even repeatedly stated that this is a MARK of her authority. *"Of course the Catholic Church claims that the change was her act...And the act is a MARK of her ecclesiastical power and authority in religious matters."* Letter from C.F. Thomas, Chancellor of Cardinal Gibbons on October 28, 1895

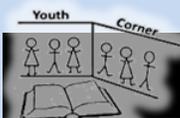
"Sunday is our MARK of authority...the church is above the Bible, and this transference of Sabbath observance is proof of that fact." Catholic Record of London, Ontario, September 1, 1923



"With the issue thus clearly brought before him, whoever shall trample upon God's law to obey a human enactment receives the mark of the beast; he accepts the sign of allegiance to the power which he chooses to obey instead of God... But not one is made to suffer the wrath of God until the truth has been brought home to his mind and conscience, and has been rejected. (Great Controversy, 604,605)

However, we also see that Sabbath is not just a day, it is a mindset. It is honoring God by implicit belief in His Word. The Sabbath is not only about rest, it signifies a covenant relationship. It is evident that Pharasaically keeping the Sabbath is not enough since Hebrews 4:6 states, *"they to whom it was first preached entered not in because of unbelief."* The Pharisees kept the Sabbath, but rejected the *"Lord... of the Sabbath."* (Matt. 12:8 Geneva Bible) They did NOT *"honour"* God by *"not doing [their] own ways, nor finding [their] own pleasure, nor speaking [their] own words:"* And they certainly did NOT *"call the sabbath a delight."* Isaiah 58:13

"I wish I could mind God as my little dog minds me," said a little boy, looking thoughtfully on his shaggy friend; *"he always looks so pleased to mind, and I don't."* What a painful truth did this child speak! Shall the poor little dog thus readily obey his master, and we rebel in attitude against God, who is our Creator, our Preserver, our Father, our Savior, and the bountiful Giver of everything we love? *"Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it."* Hebrews 4:1,2 True faith rests on the promises contained in the Word of God. We show our faith by implicit obedience to God's Word. *"For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith."* Romans 1:17



Runaway

The Emperor Napoleon I was reviewing some troops upon the Place du Carrousel in Paris when, in giving an order, he thoughtlessly dropped the bridle upon his horse's neck. This instantly set the horse off on a gallop. The emperor was obliged to cling tightly to the saddle. At this moment a common soldier of the line sprang before the horse, seized the bridle, and handed it respectfully to the emperor.

'Much obliged to you, captain,' said the chief, by this one word making the common soldier into a captain.

The man believed the emperor and, saluting him, asked, *'Of what regiment, sire?'*

Napoleon, charmed with his faith, replied, *'Of my guards!'* and galloped off.

As soon as the emperor left, the soldier laid down his gun, saying, 'He may take it who will,' and instead of returning to his comrades, he approached the group of staff officers. On seeing him, one of the generals scornfully said, 'What does this fellow want here?'



'This fellow,' replied the soldier proudly, 'is a captain of the guard.'

'You? my poor friend! You are mad to say so!'

'He said it,' replied the soldier, pointing to the emperor, who was still in sight.

'I ask your pardon, sir,' said the general respectfully, 'I was not aware of it.'

Here, then, was exhibited a manifold faith. The soldier believed the emperor, upon his word, because he heard him, and afterwards, on hearing the soldier's word, the general also believed the word of the emperor. Likewise, whatever our Heavenly

Commander's word says, IS! In fact, we are told, *"So then faith cometh by hearing, and hearing by the word of God."* **Romans 10:17** Faith is simply taking God at His word. *"For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith."* 1 John 5:4



What to do for Nausea and Vomiting?

There's nothing like having lots of work to accomplish and feeling nauseated like you are going to throw up. What can you do? First look for the cause and eliminate it if possible (unless it's pregnancy of course). *"Nausea and vomiting can be symptoms of a range of conditions, some acute and some due to underlying medical causes. Examples of these causes include: blocked intestine, brain injury, food poisoning, infection, such as from bacteria or virus, **motion sickness**, overeating, pregnancy, **side effects of medications** [even antibiotics], **ingesting certain toxins, such as alcohol** [or breathing certain chemicals] Each of these contributes to chemical changes that irritate the brain.*

*"The brain has several different receptors that can trigger vomiting in the chemoreceptor trigger zone (CTZ). There is also an area known as the "vomiting center," where the brain detects toxins and can signal vomiting as a result."*¹

Since sometimes chemicals can be the culprit, often **fresh air** is amazingly helpful. *"Opening a window or going outside can help to reduce feelings of nausea."*² *"If at all possible, move to a cool room, or even outside if there is cooler air or moving air. Taking some deep breaths of cool air can be helpful in keeping nausea at bay..."*³

Indeed, cold is often beneficial. For example, with my first pregnancy, I was amazed to learn that a simple **a cold cloth** on my forehead often eased nausea and eliminated vomiting. *"Applied to the forehead or the back of the neck, a cold compress can make nausea feel less severe. A cold compress can be as simple as a washcloth rinsed in cold water and wrung out, or try a store-bought or homemade compress that can be kept in the freezer so that it's ready at a moment's notice."*³



Another remedy that we have found helpful when trying to get fluids down those with a stomach flu, without making them vomit, is **ice chips**. *"Ice--It's just frozen water, but it can do a lot for nausea. Many groups recommend taking small sips of cold water; others say you should swallow small ice cubes or ice chips before they melt. 'Ice also helps prevent dehydration when vomiting or experiencing diarrhea,' the Science of Eating explains. 'For nausea relief, let the ice melt in your mouth rather than chewing it, it can also be easier on your teeth.'"*⁴ Ice chips are also said to be especially good for nausea from motion sickness.

Staying hydrated is also important in warding off nausea. *"Nausea and vomiting are both signs of heat exhaustion and heat stroke, so it's important to make sure that you're staying well hydrated. Drinking clear...cold drinks is best. Sometimes, people who are nauseous will find it challenging to drink; if that's the case, sip slowly, perhaps on peppermint tea"*⁵

Depending on the cause of the nausea, **peppermint tea** may indeed be helpful. *“Peppermint works by relaxing the digestive system... That's true for both its leaves and its oil. Peppermint relaxes the digestive system by reducing spasms in the stomach and relieving discomfort. If you have irritable bowel syndrome-induced nausea, peppermint could be helpful for you....According to a small study published in the Journal of Perianesthesia Nursing, even the scent of peppermint oil can alleviate nausea...”*

“However, if your nausea is accompanied by heartburn, you may want to pass on the peppermint.... the same properties that help relax your gut can also relax the valve between your stomach and esophagus, causing stomach acid to creep up and lead to acid reflux.”⁶

Perhaps another remedy also worth mentioning is **lemon** for nausea. *“Citrusy smells, such as those from a freshly sliced lemon, may help reduce nausea in pregnant women. In one study, a group of 100 pregnant women were instructed to inhale either lemon or almond essential oils as soon as they felt nausea. At the end of the 4-day study, those in the lemon group rated their nausea up to 9% lower than those given the almond oil placebo. Slicing a lemon or simply scratching its peel may work in a similar way because it helps release its essential oils into the air. A vial of lemon essential oil may be a practical alternative to use when you're away from home.”⁷*

If you suspect a bacterial infection might be causing the nausea or vomiting, a **charcoal and garlic smoothie** (just blend in water) might be in order to root out the cause. Despite vomiting, at some point, you will keep some of it down. We have covered this topic before, but you can find out more about this remedy at <https://www.swifrunnerministries.com/charcoal-remedies.php>

Another remedy we have had experience with is **ginger**-- even in the face of toxic pharmaceuticals. When our son was undergoing forced chemotherapy in the hospital, with

God's blessing we were able to use ginger to keep him from vomiting from the chemotherapy. Several of the other kids were on up to seven different antiemetics to keep them from vomiting—he used one, ginger. *“Ginger is widely used for reducing nausea. Studies have shown ginger to be effective in treating symptoms of nausea and vomiting caused by pregnancy and by chemotherapy. It has relatively few side effects and could be as effective as antiemetic drugs. Fresh ginger can be used in cooking or eaten on its own. Ginger can also be consumed as a tea.”⁸* What we found is we had to time the ginger to the time they injected the toxic chemotherapy. We administered about ½ tsp of ginger powder just 20 minutes ahead of poisoning (chemotherapy) time.

“A 2012 study conducted by the University of Rochester found that ginger supplement use effectively decreased post-chemotherapy nausea by 40 percent. The most effective dosage was between 500 and 1,000 milligrams (mg).”⁹



And one last note, never underestimate the power of **distraction**, even for nausea. I have even had positive reports of **contrast (hot and cold) footbaths** that quelled vomiting and allowed for food to be eaten. But **music** is another wonderful distraction. One study of chemotherapy patients in São Paulo City found that *“reduction of nausea occurred in 100% of patients after the first musical experience, and in 85% after the second one. Patients reported disbelief in music in relieving nausea and vomiting before the sessions, and relief of nausea after them. It was concluded that there was a statistically significant reduction of the symptoms nausea and vomiting after the musical experiences.”*

Praise God for an abundance of natural remedies even for nausea and vomiting. *“Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah.” Psalm 68:19*

- 1-<https://www.medicalnewstoday.com/articles/318851#What-causes-nausea-and-vomiting> 2- <https://www.medicalnewstoday.com/articles/320877#surroundings>
3-<https://www.verywellhealth.com/home-remedies-for-nausea-1942888> 4- <https://www.medicaldaily.com/4-natural-remedies-nausea-other-throwing-including-peppermint-and-pressure-412051> 5- <https://www.verywellfit.com/natural-remedies-for-nausea-5193929> 6- <https://www.verywellfit.com/natural-remedies-for-nausea-5193929>
7- <https://www.healthline.com/nutrition/nausea-remedies#4.-Slice-a-Lemon> 8-- <https://www.medicalnewstoday.com/articles/320877#eating-and-drinking>
9-- <https://www.verywellfit.com/natural-remedies-for-nausea-5193929> 10-- <https://pubmed.ncbi.nlm.nih.gov/25271590/>



Prophetic News Notes

Closer to a Sunday Law than You Think?

“Shall the throne of iniquity have fellowship with thee, which frameth mischief by a law?” Psalm 94:20

Sadly, the draconian measures used during the COVID-19 “pandemic” have been a “dress-rehearsal” so-to-speak for the dragon to set a precedent giving the beast of Revelation 13 *“his power, seat, and great authority.”* In addition, we have seen the beast with lamb-like horns speaking like a dragon. (In fact, I was recently distressed to find that some friends in a “communist” country were able to access information/ news channels that in my “free” nation stated *“can't be displayed,”* in other words, has been blocked, due to *“local law”*.)

Does anybody see something wrong with this picture?)

It is evident from the scriptures that church and state will be united in a law economically restricting, persecuting, and even killing those who worship God and follow His law. *“And he had power to give life unto the image of the beast, that the image of the beast should both speak, and cause that as many as would not worship the image of the beast should be killed. And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name.”* Rev. 13:15-17



LATIN TEXT
 IMPERATOR CONSTANTINUS AUG. HELPIDIO:
 OMNES IUDICES, URBANAEQUE PLEBES ET CUNC-
 TARUM ARTIUM OFFICIA VENERABILI DIE SOLIS
 QUIESCANT RURI TAMEN POSITI AGRORUM CUL-
 TURE LIBERE LICENTERQUE INSERVANT, QUO-
 NIAM FREQUENTER EVENIT, UT NON ARTIUS ALIO
 DIE FRUMENTA SULCIS AUT VINEA SCROBIBUS
 MANDENTUR, NE OCCASIONE MOMENTI PEREAT
 COMMODITAS CAELESTI PROVISIONE CONCESSA.

TRANSLATION
 CONSTANTINE, EMPEROR AUGUSTUS, TO HELPI-
 DIOUS: ON THE VENERABLE DAY OF THE SUN LET
 THE MAGISTRATES AND PEOPLE RESIDING IN
 CITIES REST, AND LET ALL WORKSHOPS BE
 CLOSED. IN THE COUNTRY, HOWEVER, PERSONS
 ENGAGED IN AGRICULTURE MAY FREELY AND
 LAWFULLY CONTINUE THEIR PURSUITS; BECAUSE
 IT OFTEN HAPPENS THAT ANOTHER DAY IS NOT
 SO SUITABLE FOR GRAIN SOWING OR FOR VINE
 PLANTING: LEST BY NEGLECTING THE PROPER
 MOMENT FOR SUCH OPERATIONS, THE BOUNTY
 OF HEAVEN SHOULD BE LOST.

Since we have seen that the Sabbath is the foundation of true worship, with Sunday being its counterfeit, let's take a look at the history of Sunday laws or "blue laws". The origins of Sunday laws date back to when the Roman Emperor Constantine promulgated the first known law regarding prohibition of Sunday labor for apparent religion-associated reasons in 321 AD. It stated, *“On the venerable Day of the Sun let the magistrates and people residing in cities rest, and let all workshops be closed...”*

Many do not realize that, back in 1888, the religious freedom of Protestant America was invaded by legislation proposing a National Sunday law. We quote only a portion of the bill that tried to remove the constitutional right to freedom of religion.

“IN the Senate of the United States, May 21, 1888, Mr. Blair introduced the following bill, which was read twice, and referred to the Committee on Education and Labor: ‘A bill to secure to the people the enjoyment of the first day of the week, commonly known as the Lord's day, as a day of rest, and to promote its observance as a day of religious worship. ‘Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That no person, or corporation, or the agent, servant, or employee

of any person or corporation, shall perform or authorize to be performed any secular work, labor, or business to the disturbance of others, works of necessity, mercy, and humanity excepted; nor shall any person engage in any play, game, or amusement, or recreation, to the disturbance of others, on the first day of the week, commonly known as the Lord's day, or during any part thereof, in any territory, district, vessel, or place subject to the exclusive jurisdiction of the United States; nor shall it be lawful for any person or corporation to receive pay for labor or service performed or rendered in violation of this section...

*“SEC. 2. That no mails or mail matter shall hereafter be transported in time of peace over any land postal route, nor shall any mail matter be collected, assorted, handled, or delivered during any part of the first day of the week....”*¹



SEVENTH-DAY ADVENTISTS IN THE CHAIN GANG

It is interesting that the US mail still isn't delivered on Sunday. Even though the National Sunday Law was never passed in its entirety, in some places, those found working on Sunday were put in chain gangs. In other places, they were fined or jailed. All this, in "free" America.

But that is not the end of the story, with precedents being set all the way up to the Supreme Court. In 1961, four cases including *Gallagher v. Crown Kosher Super Market of Massachusetts, Inc.* "declared blue laws to be constitutional. The other three were *Braunfeld v. Brown*, *Two Guys from Harrison-Allentown, Inc., v. McGinley and McGowan v. Maryland*"²

In *McGowan v. Maryland* it was admitted that the origin of Sunday laws is religious. In fact, *“the Court's review of the history demonstrated that Sunday closing laws were originally efforts to promote church attendance. ‘But, despite the strongly religious origin of these laws, non religious arguments for Sunday closing began to be heard more distinctly.”*³

In addition, the Supreme Court *“concluded that, as presently written and administered, most of them [Sunday closing laws], at least, are of a secular, rather than of a religious, character, and that presently they bear no relationship to establishment of religion, as those words are used in the Constitution of the United States.* Pp. 366 U. S. 431-444.

The present purpose and effect of most of our Sunday Closing Laws is to provide a uniform day of rest for all citizens, and the fact that this day is Sunday, a day of particular significance for the dominant Christian sects, does not bar the State from achieving its secular goals. Pp. 366 U. S. 444-445."⁴

In *Braunfeld v. Brown* they also ruled that where *“the State regulates conduct by enacting a general law within its power, the purpose and effect of which is to advance the State's secular goals, the statute is valid despite its indirect burden on religious observance unless the State may accomplish its purpose by means which do not impose such a burden.”*⁵ In other words, they claim the power to make this law even if is inconvenient to you because you already rest another day like Friday, Saturday, or Wednesday.

But it is what the Supreme Court reiterates in *Gallagher v. Crown Kasher Super Market of Massachusetts, Inc.* that should perhaps be the most distressing. They state, *"In 1960, a report of the Legislative Research Council stated: 'In general, Sunday laws protect the public by guaranteeing one day in seven to provide a period of rest and quiet. Health, peace and good order of society are thereby promoted. Such provision is essentially civil in character and the statutes are not regarded as religious ordinances.'"*⁶

Did you catch that? With this precedent, Sunday laws of all kinds could easily be enforced as necessary for "health" and "good order of society" like "car-free Sundays." After the past two years of COVID, everyone should know the drastic measures this could include.



A Dec. 11, 1888 Review and Herald Extra stated the following, *"The Sunday movement is now making its way in darkness. The leaders are concealing the true issue, and many who unite in the movement do not themselves see whither the undercurrent is tending. . . . They are working in blindness. They do not see that if a Protestant government sacrifices the principles that have made them a free, independent nation, and through legislation brings into the Constitution principles that will propagate papal falsehood and papal delusion, they are plunging into the Roman horrors of the Dark Ages."*⁷

1--(The National Sunday Law [SL18]-- ARGUMENT OF ALONZO T. JONES BEFORE THE United States Senate Committee on Education and Labor; AT WASHINGTON, D. C., DEC. 13, 1888, pg.5) 2--https://en.wikipedia.org/wiki/Gallagher_v._Crown_Kasher_Super_Market_of_Massachusetts,_Inc.
 3-- https://en.wikipedia.org/wiki/McGowan_v._Maryland 4-- <https://supreme.justia.com/cases/federal/us/366/420/>
 5-- https://en.wikipedia.org/wiki/Braunfeld_v._Brown 6-- *Report of the Legislative Research Council relative to Legal Holidays and their Observance, Mass. Leg. Docs., Sen. Doc. No. 525 (1960)* <https://www.courtlistener.com/opinion/106252/gallagher-v-crown-kasher-super-market-of-mass-inc/> 7--RH Extra, Dec. 11, 1888
 8--Toronto Star screenshot-- <https://www.thestar.com/politics/2022/01/02/quebec-reports-15845-covid-19-cases-closes-stores-on-sundays-as-of-today.html>

Kids' Corner God's Amazing Creatures



The Venezuelan poodle moth is an as-yet unidentified moth photographed in 2009 by zoologist Dr. Arthur Anker in Venezuela. Another researcher, Dr. Karl Shuker, took an interest in the fuzzy white creature with bulging black eyes and strange brown antennae. He thinks it might be a new kind of moth that scientists didn't know about. "Thousands of new insects are discovered every year in the South American rain forests, so it would be by no means unusual if Art's Venezuelan poodle moth proved to be one, too." Even though people didn't know about this moth until now, God did. God knows about each of those little animals and He knows all about you too.

Hey Kids!

Can you figure out these words from the 3rd Angel's message?



- A=○ K=┘ U=○
- B=┘ L=▲ V=∩
- C=★ M=□ W=∧
- D=● N=▲ X=◆
- E=▲ O=+ Y=◇
- F=□ P=★ Z=■
- G=∩ Q=∩
- H=∩ R=■
- I=● S=◇
- J=+ T=◆