

#### The Bible Banner

March 2014





A little Girl had not been permitted to visit a sick friend until she was almost well. The friend felt neglected.

"I sent my love to you every day," the little girl said when she made her first visit, "but the big folks kept it all to themselves and didn't bring it to you!"

Do we keep God's love all to ourselves instead of sharing with a sin sick world?



#### Vegetable Salt

4 Tbsp onion powder4 Tbs2 Tbsp spinach powder3 Tbsp3 Tbsp carrot powder1 Tbsp1 Tbsp Italian seasoning1 Tbsp2 Tbsp sucanat, optional1/2 cuBlend all except salt. Add sea salt.

4 Tbsp parsley 3 Tbsp celery seed 1 Tbsp kelp powder 1 Tbsp paprika 1/2 cup sea salt



### Quotable Quotes



Cultivate a Missionary Spirit—Many people like theme parties – work for God by making these occasions a witnessing/educational opportunity for others. Have a mission awareness "party". Different people can tell about the country they represent, sharing the main religion and whether it is "reached" or "unreached" by Christian missionaries. You may choose to collect donations for a mission project. Other profitable themes might include a parenting "party" focusing on Biblical parenting skills, marriage/couples "party" teaching Biblical perspectives on the roles of husbands and wives. It will take some creativity to make these both enjoyable and useful. There are also an unlimited number of health themes that could be used, simple (and appropriate) anatomy and physiology games for little people, cooking demonstrations, hydrotherapy classes, natural remedies/herbal "tea parties", or mix and match. This is simply a new twist, using what people enjoy to teach them God's way. "If a commission by an earthly king is considered an honor, how can a commission by a Heavenly King be considered a sacrifice?" —David Livingstone

"The best remedy for a sick church is to put it on a missionary diet." — Unknown



Standing but a step from His heavenly throne, Christ gave the commission to His disciples; "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost:"

"Go ye" is the language of a command not a suggestion. As Hudson Taylor put it: "The Great Commission is not an option to be considered; it is a command to be obeyed."

#### OVER 2 BICLION PEOPLE IN THE VORLD ARE CONSIDERED UNREACHED BY THE GOSPEC.

But despite this, few engage in spreading the truth to those who do not have it. Over 2 billion people in the world are considered unreached by the gospel. This number only includes those who are part of ethnic groups in which the entire group is considered unreached.

When Christ gave the command to teach all "nations", the word used was "*ethnos*" meaning "*a race (as of the same habit), that is, a tribe.*" This means the fulfillment of the Great Commission is not just to plant a church in every country, such as India or the USA, but to insure that everyone in every "people group" or "ethnic group" has had the opportunity to hear the gospel. At the present according to some sources, 6, 898 "people groups" are considered unreached.

Many sit back and wait for others to spread the gospel, while they hoard their money, time, and energy for selfish

interests. But if we look at reality, can we really call ourselves Christian while doing this? Think about it this way. If the average person sleeps 8 hours each night, during this time more than 10,000 people die without hearing the gospel. In fact, every minute, more people die without hearing the gospel, than the average person meets in a day. If you have ever met someone who has had a child die, you can imagine some of pain they feel, but every day thousands upon thousands of God's children die, never having heard, nor having had the



opportunity to hear about his love. Imagine the pain God feels. Consider this story...

An evangelist was ill and in bed when he received a telephone call requesting either a visit from a minister or Bible Correspondence lessons. The evangelist explained that he was in bed ill, and his fellow-workers were out of town, but the lessons would be sent immediately. He took the name and address, but forgot to send the lessons. Two weeks later his wife saw the name and address and asked about them. Remembering his promise the evangelist



jumped into his car and drove to the address. A lady answered the bell. When the evangelist introduced himself and explained his mission, her eyes welled with tears. "It was my brother," she sobbed. "He was the pastor of a church, but recently he'd had doctrinal differences with his people, and had become discouraged and despondent. We buried him two days ago." She paused, then added, "He took his own life."

Think back on what you did today. How much have you done for the furthering of the truth? If we truly want our Saviour to come again and put an end to the suffering in this world, shouldn't we be trying to hasten His return by spreading the gospel to the entire planet? Jesus Christ does not want anyone to die eternally lost. His death on the cross forever established the fact that He wants everyone to be saved. Multitudes are starving for the Bread of Life. They need to be told about salvation. They cannot make their decision for or against Someone of whom they have never heard. Will you tell them?

## THE SALT OF THE EARTH

Swift Runner Health Tip Job asked, "Can that which is unsavoury be eaten without salt?" (Job 6:6) I use some salt, and always have, because salt, instead of being deleterious, is actually essential for the blood. It is a myth that all salt is bad. You do not have to eliminate sodium completely for good health. Sodium is an essential nutrient needed to make nerves and muscles work properly and also to maintain electrolyte balance, however, you do need the right amount. In Mark 9:50 Jesus states that "Salt is good: but if the salt have lost his saltness, wherewith will ye season it?.." Thus, the words of Christ support the use of some salt. However, the Word of God also speaks of uninhabited salt lands comparing them to the curse for trusting in man. (Jer. 17:5, 6) The Bible and history also record stories of conquerors who sowed lands with salt to keep anything from growing. (Judges 9:45)

It is true, however, that too much salt is not good for our bodies. Evidence shows a relationship between higher levels of sodium intake and risk of high blood pressure, heart disease and strokes. But recently, Brian Strom, Professor of Public Health and Preventive Medicine from the University of Pennsylvania stated, "New studies support previous findings that reducing sodium from very high intake levels to moderate levels improves health, but they also suggest that lowering sodium intake too much may actually increase a person's risk of some health problems." http://www8.nationalacademies.org/onpinews/newsitem.aspx?RecordID=18311



The key is balance. Balance of water and salt, balance of sodium, potassium and magnesium. Of course, choosing a natural salt, free from harmful additives is important too. Studies show "A typical American consumes an average of almost two teaspoons a day of salt. About 80 percent of our daily sodium consumption comes from eating processed or restaurant foods." www.newsmedical.net/news/20130514/Processed-and-fast-food-salt-levels-remain-high-as-ever-new-study-reports.aspx

Here are three easy ways to keep your sodium levels in balance:

- 1. Eat more fresh food, and limit canned and processed food
- 2. Learn to season with herbs, garlic, onions and vegetables
- 3. Eat foods high in potassium and other minerals like leafy greens, orange vegetables, bananas, oranges, potatoes (with the skin), beans and avocado.

In Matthew 5:13 Jesus compared his people to the salt of the earth. We, like salt, should be spread out to "season" a very unsavory world. Our job is to bring hope to the hopeless, careworn, and oppressed. "Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man." Col 4:6

Not surprisingly, helping others has been shown to help us live longer too. "Researchers at the University of Michigan discovered a remarkable link between volunteer work and longevity by surveying 1,211 adults over 65 (mostly retirees) and checking up on them eight years later. Those who volunteered at least 40 hours each year to a single cause were 40 percent more likely than non-volunteers to be alive at the end of study." However, those who overdid volunteer work were shown to lose the health benefits. http://consumer.healthday.com/encyclopedia/aging-1/misc-aging-news-10/volunteer-work-it-s-good-for-your-health-647255.html Indeed, our words and actions should ever be as well moderated salt, a savor

of life unto life.



#### LITTLE RUNNER'S HEALTH TIP

Max the Moose likes to eat fresh green leaves. Fresh leafy greens like spinach and kale are good for you to eat too!

# Study to Show Thyself Approved

- 1. The Commission given in Mark 16:15 says Go ye into all the world, and preach the gospel to every
- 2. What exactly does the gospel include according to the Scriptures? Rom 1:16 For I am not ashamed of the \_\_\_\_\_\_ of Christ: for it is the \_\_\_\_\_\_ unto salvation to every one that believeth; to the Jew first, and also to the Greek.
- **3.** The preaching of what according to 1 Corinthians 1:18 is the power of God? "For the preaching of the \_\_\_\_\_\_ is to them that perish foolishness; but unto us which are saved it is the power of God."
- In Luke 24:47 it says that \_\_\_\_\_\_ and remission of sins will be preached among all nations.
- 5. But the message that has to penetrate every place on the globe is not limited to the story of the cross. In the Great Commission Christ said; "Go ye therefore, and \_\_\_\_\_\_\_ nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe \_\_\_\_\_\_ whatsoever I have commanded you: ..."(Matthew 28:19, 20)



6. An angel in Revelation 14:6-7 gives a message that is defined as the "everlasting \_\_\_\_\_\_" His message is; "Fear God, and give glory to him; for the hour of his judgment is come: and \_\_\_\_\_\_him that made heaven, and earth, and the sea, and the

*fountains of waters.*" The message that must go to the world is the good news of a loving Creator and the way in which he directs us to give him glory.

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Answers=1. Creature 2. Gospel; power of God 3. Cross 4. Repentance 5. Teach all; all things 6. Gospel; worship

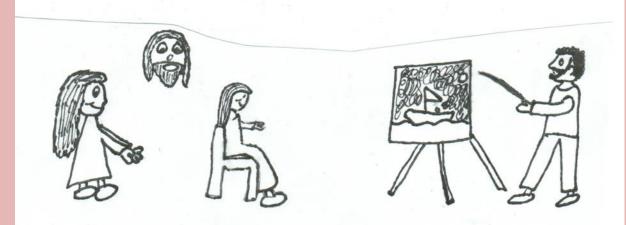
Hark! The voice of Jesus calling, "Who will go and work today? Fields are white and harvest waiting, Who will bear the sheaves away?" Loud and long the master calleth, Rich reward he offers free; Who will answer gladly saying, "Here am I, O Lord send me"?

#### HERE AM I, O LORD SEND ME



While the souls of men are dying, And the Master calls for you, Let none hear you idly saying, "There is nothing I can do!" Gladly take the task he gives you, Let His work your pleasure be: Answer quickly when he calleth, "Here am I, O Lord send me." --Daniel March, 1868 Kid's Corner Write

Written by: D. Roberts age 10



Patience had \$3.00. She gave all of it to help buy Bible pictures so the boys and girls in South America could learn about Jesus. She made Jesus happy.

# GOD'S INCREDIBLE CREATURES

Honey bees pollinate flowers like clover & daisies. Unless you do something that makes them mad, honey bees won't sting you. When a honey bee finds lots of flowers blooming, it goes back to the other honey bees and tells them (in bee language) where to find the flower pollen. Just like the honey bee, when we find out the good news of Jesus love, we should go and tell the world.



Passion also had \$3.00. She spent it on a toy and a candy bar for herself. There was none left for sending the Bible felts for the boys and girls in China. She made Jesus very sad.

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Or visit us at: <u>biblepicturepathways.com</u> <u>swiftrunnerministries.com</u>

# Only a Boy Named Robert... and David

Back many years ago, a certain man pastored a Scottish Kirk (church). One day the pastor came to church early to find a deacon waiting for him.

Deacon Black, as we will call him, said to the old pastor, "Sir, I came early today to tell you that there must be something wrong with your preaching. You have been here for a year, and in that time only one member has been added to the church and that member is only a boy."

The old pastor went ahead and preached that day, but after church and everyone had left he went to the church cemetery wishing he could be among those lying in the ground. But someone hadn't left. The boy,



the only member added to the church, had stayed and approaching the old pastor said,

"Sir, if I study and work hard do you think I could become a minister?"

The old man smiled, "Son, that heals the ache in my heart. Yes, I think you will become a minister."

Although the old man didn't live long enough to see it, that boy, Robert Moffat became a great missionary, and brought the truth to many in the jungles of Africa that had never heard. He was only a boy, but that boy was important.

Later on, the missionary Robert Moffat came back to Scotland on a recruiting trip. He wanted to



find a man who was willing to come and help him in Africa. It would have to be a man because at that time, women could not travel by themselves. He carefully made his sermon to be a call for some men to come to Africa and help with the mission work. His scripture text was Proverbs 8:4 "Unto you, O men, I call; and my voice is to the sons of man." But when he got to the church the only people that had come out that night were women. The only people, that is, except a little boy who came to pump the organ. As Mr. Moffat spoke, this little boy listened and seeds were planted in his heart. That boy's name was David Livingstone, and although he could not go to Africa right away, he later became a great missionary to Africa.

*David Livingstone* You may be only a youth, but do not underestimate what you can do for God. You may only have one talent but it can be used to spread the gospel. Ask God today, to help you find how you can work for Him. Then start working.